



AFLIF N USELMED UNNIG D UNADI USSNAN  
TASDAWIT LMULUD AT-MEEMMER N TIZI-UZZU

TAZEDDAYT N TSEKLIWIN D TUTLAYIN  
AGEZDU N TSEKLIWIN D TUTLAYIN

ASNADI N USUKEN D USELMED N TMAZIYT



AKATAY N TAGGARA N USWIR N MASTER  
DEG TUTLAYT D YIDLES N TMAZIYT

TAFERNA : **TAZURI D TSEKLA N TMAZIYT ( ASUGNAN ).**

## ASENTEL

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**Asexzen n lqut d yisufar deg usugnan n tmettut taqbaylit**  
**( Ammud d uglam-is )**

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**Aselway**  
**Tamesnalayt**  
**Tamsekyadt**

# ASNEMMAR

*Ad nesnemmer :*

- *Massa Kherdoui Hassina yellan yer tama n ukatay-ag-i-nney, si tazwara almi d taggara.*
- *Ieggalen n useqqamu n yimsekyaden i iqeblen ad sneqden anadi-ag-i-nney.*
- *Tillawin id ay-d-yefkan isalen.*
- *Win id ay-d-iεawnen si lbeed ney si lqerb.*
- *I wid ad yexdmen tayuri i ukatay-ag-i-nney.*

*Tanemmirt.*

# ABUDDU

- ✓ *Ad buddey akatay-ag i yemawlan-iw εzizen aṭas; baba d yemma ieetben fell-i, ttmeniy-asen teyzi n leemar.*
- ✓ *I watmaten-iw: Abdenur s teyzi n leemar-is, Hadi ad t-yerhem Rebbi.*
- ✓ *I yessetma: Taseedit, Zahya d yergazen-nsent d warraw-nsent, Faḍila.*
- ✓ *I εemmi Crif d twacult-is.*
- ✓ *I xwali i merra.*
- ✓ *I xalti Taseedit d warraw-is.*
- ✓ *I Saedyā id iyi-εawnen aṭas d twacult-is.*
- ✓ *Iwid akk id iyi-εawnen: Muqqran, Murad.*
- ✓ *I temddukkal-iw i merra: Cafya, Rażiqa, Kanza, Hayat, Şabrina, Farruğā, Dahbya.*
- ✓ *I wid iyi-slemden almi d ass-a.*
- ✓ *Iwid i d iyi-snēn.*

FARIDA

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**Tazwart tamatut**

Si zzman aqbur leqbayel tiffen deg wansayen-nsen d laewayed-nsen, xas ulamma atas i yruhen seg lqima-nsen, maca teqqim d tameqqrant di tudert n wegdu aqbayli. Llan wid iruhēn, llan wid d-yegran ttarren-d tarwiht, xas ur yedil ara wamek iten-xedden.<sup>1</sup>

Tilawin n tmetti n leqbayel xeddment atas n yimuhal ama wid n uxxam ama wid n berra. Deg wayen yeenan axxam ad tent- naf : Tt̄ebbint, ttnawalent, ttezgent lmal, sendayent iyi, ttellment tađuđt, zeđtent, xeddment afexxar...atg. Ma d ayen yeenan imuhal n berra ad tent-naf ttawint lmal ad ksen, xeddment tibhirin, yal Ixir tezzunt-tt: Ibaṭa, lebṣel, tumaṭic, ibawen...atg. Ttruhunt yer lexla ttawint-d isyaren, ttelqađent azemmur, jemmeent iniyman d ubelluđ...atg.

Yal amahil xeddment-tt di tsemhuyt-is; tafsut d unebdu d tismhuyin i ylhan i yimuhal n tfellaħt d lbeni n yikufan daxel n uxxam, deg laxrif d ajemmee d usyari n tbaxisin, deg tegrest d tuzda n tađuđt, kra n yimuhal ttużalen-d yal asseggas am usyari n uksum ( lexlié, acedluh ) id-yettelin di leid tameqqrant, yella umahil id-yettużalen yal ass am ueħġgi n lqut.<sup>2</sup>

Tilawin-ag i ur seint ara astaefu imi rreżq-ag i ur t-id-ttawint ara yef yiwet n tikelt, yal yiwen d acu n tsemhuyt i deg-i yettili, yas akken eetbent lamaċena yellent, d lyella-ag i yeğġan tilawin n leqbayel ad as-xedment leqrar akken ur ixetter ara, xeddment atas n tarrayin d wallalen akken ad at-afent di yal akud i deg teħwaġent. Ay-ag i yekka-d seg usugenan n tlawin, acku zik-nni ulac allalen n lexzin am wid n tura, arnu yer waya ad nwali seg yidis n uxemmem temeħħut, d tmuylis- yer useħbiber d usexzen n lqut.

### **- Afran n usentel :**

Asentel n usexzen n lqut d yisufar deg usugnan n temeħħut taqbaylit (Ammud d uglam-is) d massa Xerdusi Hassina i aġ-t-id-yemlan, syen ieegeb-ay imi ulac win i yxedmen yef usentel-ag i.

Asentel-ag i nney d ayen icudden yer twaculin n leqbayel, d tilawin i yxeddem amahil-ag i s usexdem n usugnan-nsent.

### **- Isewi n unadi:**

- 1 - D tagnit ad nexdem amsawal d tlawin, yerna ad d-nessebgen tamusni d yedles- nsent.
- 2 - D tagnit i deg ad nelmed amek ara nessexzen lqut.

<sup>1</sup> BELGASMIA Nora, *L'expression écrite en tamazight- Tanfalittirarawt di tmaziyt*-Etude réalisée pour le compte du Haut commissariat à l'Amazighité, HCA, 2006-2007. P.88.

<sup>2</sup> Camille Lacoste-Dujardin, *Dictionnaire de la culture berbère en kabylie*, La découverte, 2005, pp.74-75.

- **Tamukrist:**

Asexzen n lqut di tmetti n leqbayel yesea azal ameqqran, aladya yer tlawin acku ʐrant amek ad as-xedment, tilawin-agı sexdament aṭas n tarrayin akken ad sehbibrent ȳef lqut, aya-agı ad aȝ-isawed ad nzer amek ixeddment i lqut-agı, d wacu id as-rennunt aken ad at-xeznent?

- **Turdiwin:**

Timetti n leqbayel tettwassen s usexzen n lqut d isufar. Neffey yer unnar ad d-nesteysi tilawin akken ad d-naf tiririt i tmukrist-nney, ahat tilawin-agı ttaġġant isufar iyitij, ahat xeddment-asen lmelh d ieqqqaren akken ad aten-xeznent.

Ad nwali anda itent-isawed asugnan nsent deg usexzen, akken dayen ad nzer deg wacu iten-xeznent, ahat xeddment isufar-agı deg yiwen n lħila ney yal yiwen waħd-s.

- **Tabadut n tmiđranin tigejdanin:**

**Takuzint ( tanwalt ):**

D amahil n tyarma d tmusni yeenan tameṭṭut, d wamek ara tessexdem times deg uxxam akken ad tseww.

Takuzint tettbeddil isufar id d-nettawi seg ugama, ama s usewwi ama s tuzda s tissirt n ufuś ney s tin n waman am yirden, tuzzda-agı d tilawin itt-ixeddmen, lamaena yella wanda ittemeawanen yergazen d telawin; irgazen ad zereen ad megren ma d tilawin ad at-id-awint yer uxxam ad as-xedment leqrar deg yikufan. Tilawin sexdament isyaren akken ad ceelent times syen ad sewwent fell-as akken ad ččen iegalen n uxxam.

Aheggi n tkuzint yeħwaġ: times, aman, isufar i yezreel ney i yezza urgaz deg tmurt i yekrzen, yal yiwen seg yisufar-agı d acu ad tsewwed yiss-sen am: ayrum, seksu, leġwaz...atg.<sup>1</sup>

**Lqut ( tagulla ):**

Leqbayl tetten ayrum n teħrirt, xedmen-tt s temżin d yirden akked Ifarina n ubelluđ, seksu n yirden ttefren-t i tmayriwi, tetten deg umur-is aħħtut ( Icelman n temżin d ubelluđ ).

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<sup>1</sup> Lacoste-Dujardin Camille, op, cit, p.110.

Yuyal inulfa-d uwren d lfarina, tilawin xeddment ayrum, tiyrifin, sewayent tiqedduhin, tetten ađil, tibexsisin, iniyman, zzit n uzemmur, aksum ttawint-id deg tmayriwin, ttrebbint tissita id asent-d-ttakken ayefki yerna ad xedment yiss-s udi.

Ass-a tiwacullin n tudrin tettent aksum yiwen n tikelt deg smana ( deg wass n ssuq ), tessen aman, ayefki deg unebdu. Lqut yelhan d lqut n tmeýra d seksu s uksum d wudi i yesean iýemmayen. Deg twaculin n lqebayel i yesean atas n yiégallen, tilawin ur tettent ara alamma čcan yergazen.<sup>1</sup>

Lqut d ayen i yettmaččan yettak-ay-d afud ( ljahd ) akken ad niđir. Lqut dayen id-nettawi seg ugama, yella wayen intett yewwa deg ugama, ma d wayed nsewway-it deg tkuzint.

### **Aglam:**

D aħric yeħtafar umeyri ney umyaru, ney yal amdan akken ad d-immel, ad d-yesken tawwsa: adeg, amdan, ayersi...Akken dayen yezmer ad d-yeglem ayen yellan deg wallay-is.

Aglam yesbanay-d akk ayen yerzan tawwsa-nni i ȝef d-nettmeslay, ama s ufell-a ama s daxel, yettawi-ay-d tulmisin-ines.

### **Asugnan :**

D ayen yesean atas n yinumak, nezmer ad aten-nerr anda nebya, ilaq ad seun azal d unamek deg tenfaliyin-nni i nebya. Asugnan yezmer ad yili yer yiwen n umdan ney yer ugrav n yemdanen.

Asugnan yettili d tugniwin, yettak-d deg-sent kra n yizumal; id-yemmalen ayen yellan deg wallay n umdan d yiħulfan i yettidir. Asugnan n tmetti yesbgan-d amđal n tilawt.<sup>2</sup>

Asugnan d ayen yerzan amdan ney timetti sumata, yeqqen yer tilawet.

### **Asexzen :**

D ayen ad teffred si tsemhuyt yer tayed, ney ad yeqqim assegħas, imelmi tedliż fell-as ad tafed yella ur yexxir ara am: iniyman, lexlie, ifelfel...atg. Yelha win i xezznien kra ass-a, ahat ad at-yaf azekka.

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<sup>1</sup>Lacoste-Dujardin Camille, op, cit, p. 31.

<sup>2</sup>KherouciHassina, *La Poésie Feminine Anonyme Kabyle : AprocheAntropo-imaginaire de la question de corps, Thèse de Doctorat, CRENOBLE*, 2007, p. 27.

## Asexzen n lqut :

D aħraz n lqut, ad tharbed yef wazal-is, tlaq tmusni akken ur ixetter ara; ur tetruhu ara lbenna d yiniten n yisufar i nexzen.

Asexzen n lqut yeqqen yer ugama, yal asafar d acu id as-ilaqen : Abeħri, ittij, tasmuđi, lħamu, tafat...atg.<sup>1</sup>

### - Tarrayt n unadi:

Deg wayen yerzan tarrayt n uxeddimm, nebda akatay-nney yef krad (03) n yixfawen. Uqbel ad aten-id-nebder ad d-nemmeslay yef tazwart.

Di tezward ad neered ad d-nfek tabadut n tmiðranin tigejdanin i yef tebna tezrawt nney.

Deg yixef amezwaru, ad d-nebder amezruy n tżuri n tkuzint akken ad nżer amek i tella di yal tallit.

Deg yixef wiss sin, ad d-nemmeslay yef usexzen n lqut di tmurt n leqbayel, d tarrayin n usexzen i sexdamen.

Deg yixef wiss krađ, ad d-nebder issallen id-newwi seg wannar: Ama si taddart n Carfa, ama si taddart n At Bubaddu. Akken dayen ad neered ad d-nebder asugnan deg usexzen n lqut d yisufar yer tmeħħut taqbaylit.

Di tagħġara ad d-nefk igemmađ i yer nessawed di teggrayt.

### - Ammud:

Deg unadi-nney yessefk fell-aney ad d-neglem amek i xezzen lqut di tmurt n leqbayel, dya neffey yer unnar yer snat n tudrin: Carfa n tyiwant n Tizi n Tlata, d At Bubaddu n tyiwant n At Djemmea, snat-agħi n tudrin zgant-d deg Tmazya n Iwaḍiyan anda i nesteqsa tilawin yef wamek i xezzenent lqut, akken dayen nesteqsa-tent yef wallalen isexdament akken ad xeznent lqut.

Nesqardec awal yid-sent yef umahil n usexzen d usugnan isexdament akken ad smurserit deg usexzen n lqut.

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<sup>1</sup> Conservation des aliments, <https://fr.wikipedia.org/wik/>.

**- Imselya:**

Uṭun	D argaz ney d tameṭṭut	Ismawen-nsen	Laεmer-nsen	Taddart	Tamazya
01	D tameṭṭut	Chikh Ouadia	78 ans	Cheurfa tizi N'tleta	Ouadias
02	D tameṭṭut	Kaced Tassadit	65 ans	Ait Bouaddou	Ouadias
03	D argaz	Kaced Mouloud	52ans	Ait Bouaddou	Ouadias

**- Uguren id-nemlal deg unadi-nney:**

Mi neffey yer wannar nufa-d kra n wuguren:

- Mi ara nesteqsi tilawin yef usexzen n lqut, tteffyent iwsentel-ag i ttmeslayent-d yef lhif i seeddant, llant tid ur d-nettmeslay ara s telqay yef usentel-ag, llant dayen tid yettsethīn ad d-meslayent imi ara d-walint allal n usekles.
- Lexṣas n yidlisen id-yettmeslayen yef usugnan.

Ixef I

Awal amatu yef

tkuzint yer

leqbayel

## Tazwart:

Deg yixef-ag i ad d-nawi awal amatu yef tzuri n tkuzint yer leqbayel. Deg-s ad d-nemslay yef umezruy n tzuri n tkuzint-ag i, s yen ad d-nawi awal yef wassay yellan ger tmeṭṭut taqbaylit d tzuri n tkuzint.

### I.1. Amezruy n tzuri n tkuzint yer leqbayel:<sup>1</sup>

Deg umzruy-ag i ad d-nebder tillaliyin i deg id-iban umdan, d usexdem n tzuri n tkuzint:

#### I.1.1. Azarmezi:

Tazuri n tkuzint tella-d si zzman aqbur, nuffatt-id yer lejdud-nney acku seān assay d ugama imi deg-s i ttidire, ttawin-d seg-s lqut yerna snen d acu i yellaqen.

Assay-ag i seān d ugama isawed-iten ad zren amek ad xedmen i lqut :

- Sizdigen s waman .
- Tteksen-d ayen yettmaččan .
- Ttaldyen ayen isekren ( luz, lguz...).
- Ttruzun isufar s ufu, s tuymas ney s wallalen nniđen.
- Sexlađen lqut alahsab n lbenna.
- Xznen lqut.

Tamhelt yesēan azal yer umdan d asewwi n lqut. Uqbel asewwi ufan-d times i yesēan azal deg tkuzint d isufar id-irennun lbenna i lqut yerna sexdamayen-ten deg usexzen n lqut, ay-ag i yernu deg usenarni n lqut d umzruy n tkuzint.

**Md:** - Lmelħ yesēa azal ameqqrān deg usexzen n lqut.

- Sxeddamen allalen n usewwi ( iblađen, talaxt...).
- Tużda n yisufar tetteawan amdan akken ad yidir.

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<sup>1</sup>Iwakken ad nefk amazruy n tzuri n tkuzint yer leqbayel nsexdem timsirin id ay-d-tefka Massa Kherdouci. H. ( L'art Culinaire cours de Master Arts et Lettres Amazighes ( imaginaire ).

### I.1.2. Taglest:

Amdan yettawi-d amaynut deg lqut-is s usenarni n lqedma n tflaht.

Tallit-agı tella-d s tzuri n tkuzint n ( Egyptiens d Romains ) snat-agı n tyarmiwin ġġant-d latar di tkuzinin-nsent ( yef yeżra d lahyuđ ).

Ad d-nebder lqut swayes ttewasnent snat-agı n tyarmiwin:

#### Egyptiens:

- Aġrum d lqut agħidha jur-sen.
- Iselman d uksum ( ikkeri, azgar, ayażid ).
- Igumma ( ttemar, lbaxis, afqus, adil).
- Iyemmayer ( ticcett, lxyar, ibawen, lebsel, tajelbant...)
- Tteksen-d tament si teyras, tetten-tt yerna ttdawin yiss-s.

#### Romains:

- Tament, zzit n lqelyan, iyemmayer, zzit n uzemmur, afarmaj, timellalin yesean lmelh d tin yesan sekker, igumma, aksum, ieqaren.
- Irden d asafar agejdan yer Romans

Tallit-agı tettwasen s usmeynet, imdanen tetten akken ad idireni maċči ad idireni akken ad ččen.

### I.1.3. Tallit talemmost:

Takuzint deg tallit-agı tettwasen s lqelyan, sxeddamen cwiż n iyemmayer aħas n ieqaren am: lqarfa, qnarfel, ifelfel abarkan.

Takuzint n tallit-agı ur sxeddemien ara deg-s tħumatiċ, lfelfel d lbaṭṭa, akbal.

### I.1.4. Tihila n tasut XI et XVI:

Deg tallit-agı wwin-d amaynut, sneqsen si ləwayed tinsayin.

- Banen-d aħas n yidlisen n tkuzint.
- Sneqsen deg usexdem n ieqaren.

Abeddel-agı yekka-d seg waħas n yemdanen ger-asen **Catherine de Médicis**.

Wwin-d iyemmayen ur nelli ara deg talliyin iedan: tumaṭic, ifelfel, lbaṭaṭa...atg.

### I.1.5. Tasut n XVII:

Tallit-agı tettwasen s:

- Usewwi n iyemmayen deg useqqi.
- Usewwi n uyrum n Ifarina.
- Sneqsen deg ieqaren.

### I.1.6. Tasut n XVIII:

Di tallit-agı bdant ad ttebanen wallalen n usewwi.

### I.1.7. Tasut n XIX:

- Ufan-d amekk ad ḥarzen ney ad xeznen lqut, d wallalen i deg ad t-xeznen.
- Asnulfu n wallalen n usewwi.
- Asewwi n iyemmayen deg useqqi.

Di tallit-agı atas n umaynut i yellan deg usewwi.

### I.1.8. tallalit tamirant:

Yussa-d wakud n usenulfu; tallalit-agı tettwassen s tezuri n usewwi, deg tallit-agı banen-d:

- Idlisen n usewwi.
- Iyarbazen n uselmed n tzuri n tkuzint.
- Asexdem n wallalen imaynuten n usewwi.
- Asizdeg n usewwi.

Tazuri n tkuzint thuza-d akk tillaliyin i deg id-ięac umdan, ay-agı yella di laewayed. Ama deg tallit tansayt ama deg tallit tamirant amdan yettnadi ad yissin tazuri n tkuzint acku tazuri-agı ur tkfu ara.

## I.2. Tazuri n tkuzint n leqbayel :

Tazuri n tkuzint tuyal yer tmusni d uheggi n lqut, nezmar ad naf tazuri n tkuzint di tkuzinin akk n ddunit. Tazuri-agı temgarad si tmurt yer tayed.

Tazuri n tkuzint teħwaġ tezdeg d lebyi, yall taqedduħt d acu n tedlegt id as-xedment, tazuri n tkuzint taħwaġ aħas n wallalen acku yall lqut d acu id as-illaqen. Tazuri-agħi d tameħħut itt-ixedmen seg wul-is acku themmel-itt akken ur eegħġun ara iċċegħġien n twacult-is deg yiwen n lqut, ilaq usemyent deg tkuzint.

Tazuri n tkuzint d agraw n tħżuri deg uheggi n lqut deg tkuzint; d cbaha n tqeqduħin.

### **I.3. Assay ger tameħħut taqbaylit d tħżuri n tkuzint :**

Takuzint tesxa azal d unamek yer leqbayel, takuzint d tamazzagt n temeħħut, takuzint n leqbayel d agi n tyarma id-isebganen tamħħut deg umħaż u yergazen.<sup>1</sup>

Tameħħut tesxa assay ameqqran d tkuzint; seg wassmi i tella d taqcict alamma tuyal d tameħħut mazal-itt tqen yer tkuzint mazal-itt tettħawwal; tsewway...atg, ay-agħi ad as-yernu deg tmusni n tħżuri n tkuzint. Tameħħut tessen tħżuri n tkuzint, s tiż-żi d ufuś-is ad texdem akat yerna ad sumer tasmekta illaqen acku takuzint d amahil n tameħħut, tameħħut tettħemmil ad texdem tħżuri deg tkuzint, tettħemmil ad d-awi amaynut yal ass akken ad t-id-seww.

Takuzint ilaq ad tilli deg-s times, aman, isufar akken ad tsewwed lqut, ay-agħi d tameħħut it-ixeddmien teżra d acu n yisufar i yellaqen d waħċal n īmelħ d ieqqaren d waman ad texdem akken ad yeseu lqut-nni lbenna, d wamek ad tecċel times akken ur iraq ara.

Tameħħut tetħħbir d acu ad seww, tessexdam tihila akken ad seww atas n tqeqduħin n lqut yemgaraden Md: Irdien ad ten-id-seww d irekmen ney ad ten-tezzed s tissirt n uxxam ad d-uyuyalen d awren akken ad texdem ayrum, seksu, taebużet...atg. Abeddel n lqut d tamhelt yesean azal meqqran yer yemdanen imara lamaena s waħas yer leqbayel yerna d tameħħut it-ixedmen.

Tameħħut tetħħemmil ad d-awi amaynut deg usewwi, d ay-agħi itt-yeğġan ad teseu assay d tkuzint, tħżuri n tkuzint d ayen yelhan s waħas deg usenarni n tqeqduħin d umgarad n talyiwin-nsent. Tħżuri n tkuzint n leqbayel tettili-d si tsuta yer tayed; si tameħħut yer yelli-s. Tħżuri n tkuzint d tamhelt ur nekfu ara, simmal ad d-yettilli deg-s umaynut.

### **Tagrayt:**

Deg yixef-agħi nessawed nessebgen-d amek i yettbeddil umzruy n tħżuri n tkuzint seg tallit n uzarmezruj yer tallit tamirant d wacu id-yufraren deg-s.

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<sup>1</sup>Lacoste-Dujardin, opt, cit, p.110.

**Ixef II**

**Asexzen n lqut deg  
tmurt n leqbayel**

## **Tazwart:**

Deg yixef wiss sin ad d-nemmeslay ȝef usexzen n lqut di tmurt n leqbayel. Deg-s ad d-nebder tarrayin n usexzen n lqut.

### **II.1. Tarrayin n usexzen n lqut yer leqbayel:**

Tarrayin n usexzen d iferdisen issexdamen tlawin akken ad xeznen lqut, amur ameqqran deg usexzen-agı yehwag ad teased, am akken id d-nenna yakkan yal asafar d acu id as-illaqen, seg waya ad d-nebder tarrayin n usexzen:<sup>1</sup>

#### **II.1.1. Asexzen s yiṭij :**

Itij d aferdis ittiħwiġen s waṭas leqbayel akken ad xeznen lqut, acku itij yettekkes aman i yisufar yeskaway-itен; tteksumen am: iniyman...atg, ma d isufar nniđen ttuvalen d iquranen am: ifelfel, ibawen...atg, ttaġġan isufar-agı i yiṭij akken ma ad ten-nexzen ney ad ten-harezen ur xettren ara, akken iten-kkesen ad qimen melmi dellan fell-asen ad ten-afen. Zemren ad qimen isufar-agı asseggas.

Deg wayen yerzan isufar i ttaġġan i yiṭij llan wid ixdmen deg ifarugen, llan wid i tteliqen.

#### **II.1.2. Asexzen s lħamu :**

Yal lqut d acu n lħamu id as-ilaqen, yella win i sagzagen am: ubelluđ...atg, yella win sewwayen am: tarkuct...atg, ma d wiyađ sfuray-ten am: seksu...atg. Lqut-agı telaq-as lħamu n tmes acku ur ilaq ara ad ten-teħarez d izegzawen.

#### **II.1.3. Asexzen s tasmudi :**

Llan isufar ttaġġan i tasmudi daxel n uxxam ney deg useqif-is am : lebsel, tħmaṭic, ticcart...atg, isufar-agı ur ħwaġgen ara lħamu akken ur xettren ara, ilaq ad qqimen i ubahri d tili.

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<sup>1</sup>Conservation des aliments, op, cit.

**II.1.4. Asexzen s tmarna n isufar nniżen :**

Deg tarrayt-agı rnun: lmelħ, zzit, lxeld, aman...atg i yisufar akken ur xettren ara. Llan yisufar ur ħwaġġen ara itiż-żi am: uzemmur, ifelfel n lxeld...atg, ma d lexlie yehwaġ itiż-żi akken ad d-yeqquer.

**Tagrayt:**

Deg usexdem n tarrayin-agı n usexzen n lqut tameṭṭut ad tettawed yer igemmađ i tebja, yerna lqut-nni ad yeqim akud meqqren.

**Ixef III**

**Asexzen n lqut deg  
usugnan n tmettut  
taqbaylit**

## Tazwart:

Di tazewara ad d-nebder ismawen n yisufar ixeznent tlawin d tugniwin-ines, syin ad d-nemslay fell-asen ad ten-id-neglem ilmend n wayen i aγ-d-fkant tlawin i nestaqsa deg unadi-nney (deg wannar).

### **III.1. Isemawen n yisufar (ajmaε d usyar) d tugniwin-nsen:**

#### ***Iniyman ( iħbuben, tazart ) :***

Aseklu n lexrif ad t-tezzuđ di ċamayen imezwura ilaq ad t-tesswed, ad t-tneqqced yal ass, imiren ad tuyal d tanqelt, ad d-tfek iquerqac ara yuvalen d tibaxsisin. Tibaxsisin-agı ad uyalent dayen d iħbuben ney diniyman. Tanqelt d aseklu id-yettaken ḥbah ( lxir ) i leqbayel, tasemhuyt n laxrif ttwalin-tt yal ass d tasemhuyt n ḥbeħ. Tanqelt ur d-tettak ara ayen ara čcen imiren, tettak-d ayen ara čcen deg usseggas.

Tanqelt tettak-d agummu ara yečč wemdān yef snat n tewsatin: Deg lexrif ad d-yečč tibaxsisin, ma di tegrest ad yečč iniyman ad as-yefken afud akken ad d-yexdem imuhal-is Md: Alqađ n uzemmur.

« *Llant aṭas n twsatin n tnqelin; tin id-yettaken tibaxsisin yelhan ad ten-xeznen d iniyman* ».<sup>1</sup>



1- Afrug n yiniyman

<sup>1</sup>Abdennebi Houria, Cuisine, Rituel Collectif et différenciation Sociale dans une Tribu « AARC » de Kabylie ( At Budrar ) entre 1830 et 1999, Mémoir de Magister,p.50.

Iniyman d agummu yesean azal ameqqan yer leqbayel, d agummu ażidan id-yettakken lğahd i umdan, iwakken ad nzer amek iten-xedmen nesteqsa snat n tlawin yef ugummu-ag, nruh yer yemma wardya tenna-ay-d:

« *Llan wid id-iyelin yer tmurt, ma d wiad ad ten-id-nezwi s umextaf, ad ten-id-nejmee ad d-neċċar aqcwal ney tareħalit, ad neezel icebħanen d ibarkanen ma d wid n tsemgult d taħbult ur tteddun ara. Imirenad ad ten-nefsar deg ifarugen, ad ten-neġġ i yiṭij mi id yewwed yiḍ ad nejmee ifarugen-nni ad ten-nemneni ad ten-nyum s lbarc. Śbah zik ad d-nekker ad ten-nefsar wa yer wa. Mi d ass i deg kkusmen, qquren ad ten-id-nejmae s axxam ad ten-nerr yer ukufi ad asen-nerr tadimt, syen ad d-nenjer semmus (05) ney seddis (06) n teyunam ad tent-nexdem i teħnact n ukufi akken ad ylint ney ad fyent syen twekkiwin. Mi ad ten-id-tedmed ad ten-tafed sean tiwzitt sufell-a ad as-tinnid d Ifarina id-asen-txedmed ».<sup>1</sup>*

Ma d Nna Tassaedit tenna-ay-d: « *Ad nelqed iniyman ad ten-nefsar deg ifarugen mi d ass deg qquren, ad ten-nesmrureg yer yiwen n ufarug alamma yeċčur ad as-nenneq illili si trufat ad qimen akken alamma d ass deg ad yefay yiṭij, ad ten-id-nejmee qquren ad ten-id-nettyizi d ibelbađen ad ttesariħen d tament, ad ten-nerr yer ukufi ad nezwir yer lqaea-s cwiṭ n zeetar imiren ad nesmir iniyman, ad ten-nerruc cwiṭ s waman n lmelħ miyezgen ukufi ad iyi-sallin ad zwirey abahnuq, syen ad kecm-ay yer ukufi ad ten-sedday s iċċaren-iw ad narnu iniyman ad ten-nerruc dayen s waman n lmelħ d zaeter akken ad teraħen d iżidanan, mi yeċčur ukufi ad as-nerr tadimet ad t-neslay s talaxt. Ad nettadem iniyman si teħnact n ukufi d ibelbađen yerna s ean tawrent sufell-a.*

*Nexdem ula d iniyman deg zzit, ad neddem iniyman ad ten-neldi ad ten-nerr yer lhila n zegħgaġ ad asen-nesmir zzit alamma yumen syen ad asen-nerr ayumu. »<sup>2</sup>*

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<sup>1</sup> Tamselyut Ouardia.

<sup>2</sup> Tamselyut Tassadit.



*2-Iniyman di zzit*

Tilawin s usugnan-nsent ufant-d amek ad xeznent iniyman, deg wacu ad ten-xeznent, akken dayen id-uffant iniyman deg zzit d ayen id-yettaken lgahd almi uyalen iniyman di zzit d tagulla yesean azal yer leqbayel.

Tanqlet d aseklu yesean azal ameqqrar, xedmen-tt s waṭas. Tilawin ad jemeent iniyman ad ten-fesrent deg ifarugen ad ten-ġġent ad qqaren i yiṭiġ, di tmeddit ad asen-arrent ayumu yef nnda, di šbah ad ksent ayummu akken ad qqaren. Mi d ass i deg qquren ad ten-jemeent, ad ten-arrent yer ukufi mi yezgen ad sekment aqcic akken ad ten-issed, mi yeċčur ukufi ad as-rrent tadimet n uqcuc yerna ad t-selġent, tteyimin assegħas.<sup>1</sup>

« *Tilawin leqdent iniyman, fressent tibhirin šbah sefsuyent, tameddit semnayent, sawadent-d s axxam; sebdadent-d rremea s ufell-a igertyal. Mi d yenħel ad eemrent rremea ad tfrunt, ad t-rrrent s ikufan. Tiseiwin trucunt-tt s waman d lmelħ akken ad ileqiġen yerna ur tettenkker ara deg-s twekka ».*<sup>2</sup>

Tanqelt tesea azal yer leqbayel tettak-d rreżq ameqqrar, tetten tibaxsisin ttefren iniyman. Tilawin fettren-t iniyman i yiṭiġ deg yifarugen, mi d tameddit ad ten-jemeent acku tella nnda. Mi qquren ad ten-jemeent tlawin ad ten-rrrent yer ikufan, mi yezgen ukufi ad skegment aqcic

<sup>1</sup> Germaine Laoust - Chantréaux, *Kabylie côte Femmes, la vie Féminine à Aït Hicham 1937-1939*, EDISUD, 1990, pp. 105.106. « Le figuier est le principal arbre fruitier cultuvé...Quand l'akufi est à moitié rempli, elles y font entrer l'enfant qui tasse les figues avec les pieds, lorsque qu'il est plein, elles le ferment avec un disque de liège ou de bois scellé avec de terre. Pendant toute l'année on fait une consommation courante des figues séchées » .

<sup>2</sup> Henri.GENEVOIS - *la Femme Kabyle, les travaux et les jours*. FDB-N103. Fort - National-1969. P. 81.

akken ad ten-issed alamma yeččur ukufi, ad as-rrent tadimt n uqeccuc syen ad t-selyent s talaxt. Tasmuđi d ayen yelhan i niyman akken ur xettren ara, lamaena tikwal rnun-asent lmelh.

Tazart tetten-tt s uyrum, ttawin-tt yer taxla, tazart ylvania am uksum Md: Achal ad tent-zenzed ney ad ten-id-tayed i yeswa uksum. Leqbayel tetten s waṭas iniyman Md: 500 Kg n yiniyman i twacult yesean 05 n ieeggallen.<sup>1</sup>

*« Ad tezwid iniyman s uyanim ssyen ad ten-id-tleqded yer tqecwalt n uyanim ney ayen umi neqqar tarhalit, imir ad ten-tesmired yer usfarug wa sufell-a n wayed ad k-yefk ayen umi neqqar tamnennayt. Tameddit ad ten-t�ummed yef nnda mi d şbah ad ten-tfesred i yitij akken ad qqaren. Mi qquren ad ten-tesmired yer umisur. Mi wwden 10 ney 15 n wussan ad ten-id-tawiđ s axxam dinna ad ten-tferned: Tin n ujenjar weħd-s, ma d tin leraqi d tin itett lmal. Tazart-nni n ujenjar ad tt-tged deg ikufan dya yekfa ccyel-is macca llan wigad is-yetteggen zzaeter ara as-d-imudden rriha yelhan mi d tafsut ttaddamen-ten-id medden tetten-ten s yikkil ney s warkul. »*

*Ad lwin iniyman şbah yer lqaea ad ten-ġgen alamma d tameddit ad uyalen ad ten-laqden ad ten-fesren yef ifuga yettwaxedmen s uyanim. Mi qquren ad ten-smiren yer umsir, ama yeččur d tazart. Mi ad tawed taggara n lexrif ad ten-id-jemēen: Wigad leali ad ten-zziġwen, ayen i d-yettyimin seg-sen ad yeqqim i lwacul. Tiwsatin n yehbuben mxallafent akken mxallafent tneqlin; llant tigad laxrif-nsent yelha i tazart am teneqqelt n deffuyt, tin n tyanimt, lexrif-is n ujenjar akk d lexrif n buyahbul, ma d tid lexrif-nsent ur ilhu ara i tazart am ad naf tineqqlin n ulqqaq, tin n uyanim imi lexrif-is iwettu di ttejra, tella dayen teneqqelt lexrif-is d azeggay d aharlaw, yella dayen win umi qqaren lexrif n teylit mi yewwa mlih ad yuval d aman ad d-yayli. Yella dayen lexrif n ubuuenqiq n ubarak akk d ubakur. Ma d laxrif n ubuyenjur iħbuben-is lhan i tezmert fernen-ten ttaran-ten di zzit n uzemmur ur kkin waman mi d şbah fetħren fell-asen ».<sup>2</sup>*

Tilawin-agħi sxedment asugnan nseent deg usexzen n yiniyman almi wđent ad żrent d acu i ylaqen; ur ten-jemēen ara d izegzawen ad ten-ġġent ad qqaren, yerna wđent almi id-ufant d akufi i ylaqen i niyeman akken ad qqimen akud meqqren acku akufi yettwaxdem s talaxt ur ixetter ara yerna d asemađ, ayen ad taređ yur-s ur ixettar ara deg-s ixeznent naema.

<sup>1</sup> Camille Lacoste-Dujardin, op. cit., pp.148-149. « figuier l'arbre plus important de kabyle...Si bien qu'il en fallais près de 500kilos pour une famille de cinq personne » Tasuqilt-nney.

<sup>2</sup> BELGASMIA Nora, op. cit. p.98.

Tilawin-agı ur yrint ara, ttwalint yer tid nniđen, sexdament asugnan d tayetti ( tiħarci ) akken ad ħarbent yef lyella-nsent akken ad teqqim alamma qrib ad yawed wakug i deg ad fyent ad jemċeent lyella ney neċma tayed.

Tilawin sexdam itiż aṭas akken ad xzenent lqut, żrant d itiż i yeskawayen, i yesyrayen.

### ***Irden :***

Irden d temżin d naċma yesċan azal ameqran yer leqbayel acku yiss-sen ittidire, d lqut agejdan, yiss-sen id-xeddmien ayen ara ččen.

Irden d asafar agejdan xezznent-deg ukufi. Tteżdent di tessirt akken ad yefk awren d Ifarina, syen ad xedmen tagulla i byan.



*3-Irden*

I wakken ad nzer amek ixedmen i yirden; ma ad ten-xeznent akken d ieeqqayen ney ad ten-żdent nerza yer Nna Tassaedit teħka-ay-d amek ixeddmien i naċma-agı tenna-ay-d: «*Ad yezree baba irden, mi d ass deg wwan yirden-nni ad ten-id-nemgger d iqttunen ( d tiymusin ) ad ten-id-neccid ad ten-id-nawi yer unnar, ad t-neččer d irden mi d ass deg ħedmen ney qquren, ad kecmen yezgaren ad serwten, mi neyden tirect-nni ad iruħ baba d iflaħen ad tt-sizedgen, ad ten id-yawi baba yer uxxam ad ten-ssif s uyarbal ad ten-ssired akken ad asen-ikkes wakal, ad ten-nefsar deg ubaħnuq, ad ten-nefru seg uzeru imiren ad yawi baba kra yer tissirt ad ten-id-yzed d awren ad t-nerr yer tsebalin, ma d irden nniden uqbel ad ten-nerr yer ukufi ad as-nexdem aqcuc i tehnac-is akken ur d ttenyalen ara. Ula d timżin am yirden itent-nxdem ».<sup>1</sup>*

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<sup>1</sup> Tamselyut Tassadit.

*« Imekrazen ad nehren tayuga yer użayar i tkerza, ad zereen nneema. Mi yemyi yiger ad ruħent tulawin ad awin-t tiwizi i usuki n ueerqub n yirden. Yewwed-d unbedu d tagnit n tmegra n temżin timzwura ssegrayen irden, ttawin tiwizi azal n 30 yer 40 iwiziwen, ad kkren ʂbaħ zik ad awin; tazart d uyrum aquran d zzit. Tilawin ddaryent annar deg wanda ara yefser d wanda ara yerwet. Mi tfuk tmegra ad naqlen ayen i megren daxel izembilen (isenyen) yef zzzwayel ney iserdyan, ad ten-fesren deg wannar i yiṭiġ akken ad hădmen. Deg uzal ad awin tayuga ad sserwten nneema deg wannar, tazibut mi d-yekker waḍu ad ruħen imekrazen ad zuzren ad ssizdgen irden weħd-sen: taka weħd-s, alim weħd-s ttajmaen-t i lmal deg utemu, ma yella d irden ad ten-id-awin s axxam yer ukufi akken i zzeriea n qabel, ayen nniđen snuzuyen-t d akerfa deg yirden d ameic n lwacul żadent-tt-id tulawin d awren ».<sup>1</sup>*

Irdan d asafr yelhan, ad zdent tlawin deg tessirt ad yużal d awren ney d lfarina syen ad xedmen yiss-s aşrum, taħrirt, seksu, taebużt...atg. Tilawin sxedment asugnan nsent alammi wwedent ad żrant amek i ylaq ad txeznent, deg wacu, ayyar d wacu i ylaqen ad-as-rnunt ma ad teżdent akken ur ixetter ara syen ad xedment s-yiss aṭas n tewsatin n lqut, ger twsatin-agħi ad d-nebder taebużt.

### **Taebużt ( Arkul ) :**

D tagulla i xedment tlawin s usexleħ n kra n yisufar, tagulla-agħi tettak lğahd i umdan.



4- Taebużt ur nesei ara zzit

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<sup>1</sup>BELGASMIA Nora, op, cit, p.99.



5- Taebużt yesean zzit

Nna Tassadit teħka-ay-d amek i xeddemt taebużt: « *Ad d-neddem lhemmez, irden, timzin ad ten-neshen ney ad ten-nezzu deg bufraħ, ad ten-żed deg tissirt n uxxam ad as-nexdem cwiż n lmelħ ad iżed yid-sen, akken ur d-tettban ara d ibrarayen ma ad tt-teċċed. Win yesean zzit ad tt-yedhen yef yiwet n tikkelt ad tt-yerr yer lhila melmi it-yehwaġ ad tt-id-yeddem, win ur nesei ara zzit ad tt-yekkes akken mi d-yeddem cwiż ad as-yexdem zzit, netett-itt s yiniyman* ».<sup>1</sup>

Ad zden irden d temzin mi uyalen d lfarina ad as-xedmen lmelħ, ad tt-dehnen s zzit ad tt-ċčen s yiniyman.

Arkul yesea azal ula yer yeeraben; ttaken-t iyeslan, i umedhar, iwin ad d-iruħen yef uðar yer tmurt nniżen...atg. Tikwal xeddmen-tt d tikurin sisinen-tent deg tament. Arkul d tagulla id-yettaken aħas n leğahd.<sup>2</sup>

Amdan ma ara yeċč taebużt s yiniyman am akken d aksum i yeċča, acku tesea aħas n leğahd, d tilawin itt-id-xedemen s usugnan nsejt, farnent-d krad n yisufar xeldent-ten żđant-ten, yerna żrant d acu ad as-renunt. Taebużt tetten-tt aħas deg tsemhuyt n tegrest acku ma ad ixas lqut ad myen deg-s.

<sup>1</sup> Tamselyut Tassadit.

<sup>2</sup> Dépêche de Kabylie, op, cit.

### ***Abellud :***

Takaruct d aseklu i deg yettaf umdan nnfee s waṭas ama deg ubelluḍ i ttaqracen (itetten) d azegzaw ney ad t-id awin s axxam ad teżden, ama deg yiseyaren-is ad ten-id-awin ad seħmuṇ yiss-sen deg tegrest, akken dayen id xedmen s lğedra-s allalen n useyar.

« *Takaruct tettili deg laxlawi d wanda yaelay lħal deg idurar, takaruct tmeqqi-d wahd-s, tella yef sin n lşnaf: Takaruct id-yettaken abelluḍ itetten lmal, d tekaruct id-yettaken abelluḍ itetten yemdanen, yerna xedmen yiss-s awren d lfarina ».<sup>1</sup>*



6- *Abelluḍ*



7- *seksu n ubelluḍ*

<sup>1</sup>Abdennebi Houria, op, cit, p.50. « Le chêne à gland doux qui pousse dans la montagne. Plus l'altitude croît, plus les futaies sont condensées ; elle ont la capacité de spontanément à l'état sauvage mais le montagne sait par quels procédés de graffage en attendir le goût et en extraire une riche farine ». Tasuqilt-nney.

Iwakken ad nżar amek ixeddment tlawin i wbelluż akken ad yuval d awren ad xeznent, yerna ad xedment yiss-s ayrum d seksu nruħ yer snat n tmselyayin akken ad ay-d-innint amek id-as-xeddment.

Yemma Wardya tenna-ay-d: « *Ad t-id-nejmee si lexla ad t-nerr ad yesli, syen ad t-nesqudar deg useksut, ad t-nefser, ad yeqim sin ney kred n wussan i yiṭij, ad t-necqcer ad t-nefser tikelt nniżen krad n wussan, syen ad t-nzed deg tissirt n uxxam ad yuval d awren d acebħan d aziddan ad t-neffer deg tsebalt ad as-nerr ayumu* ».<sup>1</sup>

Nna Tassaedit tenna-ay-d: « *Ad t-id-nejmee si laxla ad neċċer iqċwallen, ad t-id-nawi s axxam ad t-nefru ad nekkes win yerkan ad as-nekkes ticucay, ad t-nesmir yer tasilt n waman aken ad yagzag, mi d-yuġalen waman-nni d ibarkanen ad t-nesmir yer useksut ad iqqudar, ad t-nefser deg ufarug ad t-neġġ i yiṭij ad yeqquer, mi yeqqur ad t-nceqcer ad t-nefreq d nefşat ad as-nekkes ticlemt-nni n daxel syen ad t-neġġ dayen ad yeqquer, ad neddem abeħnuq azedyan ad t-ndez s tmadazt ney s użru ( azru n lqasah ) imiren ad t-nzed deg tissirt n uxxam, ulla d icelman ad żden weħd-nsen. Mi yeżda ubelluż ad t-nesedi deg uyarbal ad yeffey uwren ubelluż ad as-nexdem cwiż n lmelħ akken ur iskiċċiw ara, ad t-nerr yer tsebalt, mi d ass i deg t-naħwaġ ad t-id-neddem ad nexdem yiss-s ayrum d seksu.*

*Ma ad neftel seksu n ubelluż ad as-nexled awren n temżin; awren-agħi ma ad t-nseedi deg uyarbal ad nekkes iclem-nni ad t-nexled d iclem n ubelluż i nezda ad as-nernu awren n smid ad neftel acacu* ».<sup>2</sup>

Tilawin jemméent-d abelluż ttezung-tt, sruṣuyent-tt deg laeric sufell-a n uxxam alamma yekrareż yeCLEM-is akken ad yishil iweqcar, zeggint-tt deg uyerbal imcarcar akken ad as-tekkes teclamt-nni n daxel.

Ad d-rnunt irden ad t-nefrunt ad ten-id-awint deg lhila, ad żden deg tissirt n ufuś ney deg tin n waman imiren ad jeméent awren.<sup>3</sup>

Deg wayen id ay-d-ħkant tlawin d wayen i d-nufa deg yidlisen, llant tid i ysellin abelluż, ma d tiyaḍ seħanayen-ten ( ttezun-ten ) deg bufraħ akken ad seun lbenna yerna ad isehilen

<sup>1</sup> Tamselyut Ouardia.

<sup>2</sup> Tamselyut Tassadit.

<sup>3</sup> Germaine Laoust - Chantréaux, op, cit, pp.80-81 « A près avoir récolté les glands, les fammes les font griller et les mettent sur claire de l'aric, au dessus du foyer...Le grain trié est mis dans des autres, en attendant le jour où il pourra être porté au molin. Glands et céréales triés doivent écraser au molin à bras, au molin à eau ». Tasuqilt-nney.

iweqcar ay-agı yekka-d seg usugnan-nsent, acku abelluđ ma ur yselli ara deg waman ney ur yesħin ara deg bufraħ ur yettuval ara d awren ur zmirent ara ad t-żdent.

Abelluđ d yirden d tilawin iten-ixeddmen deg uxxam akken ad xedment awren. Tura ad d-nuval yer uwren n ss mid i d-ttawint si tħuna. Awren-agı xeżnent-tt, yerna xedgment yiss-s lqut ara xeżnent am tarkuct d barkukec d seksu.

### **Tarkuct ( Tacebbadt ):**

Tarkuct d lqut i xedgement tlawin deg uxxam s uwren, ad tt-sayrent, ad xeżnent. Tarkuct tetten-tt s uyefki ney s useqqi.



8- Tarkuct s uyefki

« Ad neddem amud n uwren, ad t-naħri am temtunt, ad neddem ljefna n usyar ad t-nebbi d tuknifin ad tent-negg snat snat, mi nexdem tamzwarut ad as-negg zzit di telmast ad narnu tayed fell-as ad għġejnej akken, ad tent-nerr yer bufraħ mi ad tent-id-nekkes taħbult ad terr akka tayed akka acku seant zzit di telmast, ad tent-neftet cwiċ cwiċ ad tilli tin ad ak-iċċawnen syen ad tt-nefsar di tcekkarin n uxican, ad t-qqim yiwen n wass deg uxxam azeka-yin ad teffey yer barra ad teqqim i yiċċi, mi teqqur ad tt-nerr yer tqawwalt n tallaxt ad as-nerr ayumu, melmi it-teħwaġġed ad tt-id- tedmed ».<sup>1</sup>

« Ad naħri tarkuct tazurant ad tt-naxdem d tuknifin ad as-nexdem zzit d usmsel, ad negg ta yef tayed mi wwant ad nekkes yal yiċċi waħd-s ad tt-neftet ad tt-neġġ ad teqquer, mi ara tt-neċċ ad as-negg ayefki d wudi.

<sup>1</sup> Tamselyut Ouardia.

*Ma d tarkuct tarqaqt ad tegg am lemsemen ad tt-nseww ta yer ta, ney yal yiwit waħd-s ma ad tt-nečč imiren ad nerr ayefki ad nezwir d yiran mi qrib ad yagezay ad as-narnu tarqaqt*

*( talmast-nni ) ad teww cwiṭ ad tt-id-nekkes, llan wid itt-itetten s yiyyi. Ma d tayed ad tt-neğġi i yiṭij mi teqqur ad tt-nejmee yer lhila »<sup>1</sup>.*

Tarkuct, seksu d barkukec mačči d ayen i yeseww yiṭij, mačči d ayen id-jemeent si lexla, ay-agħi dayen id-xedment tlawin i yiman-nsent deg uxxam, seksu d barkukec ad ten-sfurent ma d tarkuct ad tt-sewwent deg bufraħ, imiren ad ten-ġġent akk ad qqaren syen ad asen-xedment leqrar, ad ten-id-dment di yal akud i bŷant.

### ***Barkukec ( Barkukes ):***



9- barkukec aqquran

« Ad neddem awren n smid ad nernu aħbṣi n waman n lmelħ, ad nernu tabaqit d iż-żarbalen ad nesmir awren-nni yer tbaqit ad t-neslxas s waman n lmelħ ad t-neftel, ad t-neskew s uwren, ad as-narnu l-fetil syen ad t-nesedi deg ujarbal n barkukec ad t-nekkes deg ujarbal imcarcar akken ad iffej ueqay-is zur, mi nekfa l-fetil ad t-nesfur, ad t-nesfar deg ibahnaq ad t-neğġi ad yeqqar, ad t-nejmee yer tcekarin, mi neħwaġ barkukec ad t-id-neddem ad t-id-nselxes ».<sup>2</sup>

<sup>1</sup> Tamseljut Tassadit.

<sup>2</sup> Idem.

**Seksu :**

Seksu d tagulla i tetten s waṭas leqbayel, d lqut agejdan deg tkuzint nsen.



*10- Seksu n smid ney sekstu aquran*

« Ad d-nay ticekkarin n smid ad tent-neftel, s waman yesean lmelħ , imiren ad d-nemmer awren yer tbaqit ad t-nesselxes s waman-nni ad t-nftel syen ad t-neskiw s wewren akken alamma yuyal d aeqqa ad t-neseeddi deg uyerbal imcarcar, ad as-neawed deg uyerbal n uhari akken ad d-nhar sekstu. Mi nekfa leftil ad t-nesfur, ad t-nefsar deg ibahnaq ad t-neġġad yeqqar ad t-nejmee yer tcekkarin, mi neħwaġ sekstu ad t-id-neddem ad t-id-nselxes. Nfettel-it seg unebdu yer unebdu ».<sup>1</sup>

Ass-a mazel-ay nettfaras deg usexzen n umur ameqqran n sekstu, acku amur ameqqran deg twaculin ttgunfuyent tasemhuyt n lfuruħ ( anebdu ) akken ad fetlent sekstu ara čċent deg ccetwa, ay-agi yużal d tanumi xeddment-tt ula deg temdinin. Ass-a nezmer ad d-nay sekstu n tmacint, sekstu yesea azal yer tlawn n leqbayel.

Seksu d lqut yesean azal ameqqran yer leqbayel, llan-t krad (03) n tewsatin n sekstu:

- 1- Seksu isfurayen snat ney krad n tikal, tetten-t s useqqi n yiżemmayen d uksum.
- 2- Berkukec sfurayen-t yiwt n tikelt, llan wid it-itetten s useqqi.
- 3- Lmesfuf ( tiżemmit, ameqful, amexluq ) d sekstu ixelđen d iżemmayen ifuren ney d igumma ( lfakya ) yeqquren, zuzuren-as ssaker d lquerfa, tikwal ttseqqin-tt s uyefki ney s yikkil.

Seksu n leqbayel tetten-t s iżemmayen: Lbşel, taga, tayeddiwt, zrudiya, lbaṭa...atg.

<sup>1</sup> Tamselyut Tassadit.

Seksu sewwayent s uksum ama d win n yikerri ney d win n uzger, awtul, ayaziđ...atg. Leqbayel hemmelen s waṭas aksum n uzgar.<sup>1</sup>

Seksu d lqut yelhan deg tmeyriwin, tilawin fettent seksu s ifassen semyarayent deg ueqqa n wewren s teftalt d waman syen ad t-sfurent. Seksu yesea azal yer tlwin d azamul deg tkuzint, d lqut adlsan. Taqcict uqbel ad tezweġ ilaq ad tt-issin leftil n seksu acku tetten-t s waṭas deg uxxam.

Ass-agı tilawin fettlen-t aṭas n seksu ṣyarayent-tt, yerna yella ula d seksu n tmacint lamaena d win n ufuṣ i yelhan, aṭas n tewsatın n seksu i yellan: Seksu, berkukec, lmesfuf, ahṭut. Akken yebu yilli seksu ala win n tfaskiwin ( tmayriwin ) i yelhan: Seksu d wudi d uksum.<sup>2</sup>

Seksu d lqut ansay yer lqbayel, dayen yelhan deg tkuzint nsen, xeddmən yiss-s timeyriwin, ad d-teftel tmettut d awren syen ad yuval d aeqqa n seksu imiren ad t-sfur.<sup>3</sup>

Tilawin xedgment aṭas n leşnaf n seksu: seksu n ubelluđ, n yirden, n smid. Ay-agı s usugnan nsent it-id-ufant, akken dayen wwedtent ad xedment barkukec suggent-tt-id deg uftal n seksu, i wakken ad xedment amgared gar seksu d barkukec semgardent deg iyerbalen. Seksu mačci kan d lmakla n twacult tamecṭuħt, sewwayent medden aṭas deg tmeyriwin d lfuruħ s umata, yerna ikeffu-d acku ifetti, d tagulla s wayes ttwassnen leqbayel di tmura nniđen.

Tilawin ur ṣyarayent ara seksu wahd-s, ṣyarayent nay xeżnent ula d isufar s wayes ad t-sewwent, isufar-agı ttawintent-id seg tebħirin i xedgment.

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<sup>1</sup> Dépêche de Kabylie, op. cit.

<sup>2</sup> Lacoste-Dujardin Camille, op. cit., pp.107-108. « Le couscous est le plat par excellance...Quoi qu'il en soit le plus beau couscous reste incontestablement ( le couscous au beurre et à viande ) » Tasuqilt-nn-y.

<sup>3</sup> Haddadou.M.A, *Défense et illustration de la langue Berbère suivi de Apport des Berbères à la civilisation universelle*, Inas, Alger, 2002, pp.122-123.

### ***Lebṣel :***

Lebṣel d ayemmay agejdan deg usewwi, ma ulac-it ur nezmir ara ad nseww tiqedduḥin, d lebṣel id-asent-ittaken lbenna.



*11-Imaelaqen n lebṣel*

« Ad d-nekkes lebṣel si tebhirt ad d-neččar iqcwalen, ad t-nefsar sin n wussan, ass wiss krađ ad d-neddem tajenwit ad as-nekkes izuran, ad d-neddem amrar imiren ad t-nežeq d icediwen ney d imeelaqen wa yer wa alamma mraw (10), ad d-neddem iyunam ad t-neelleq daxel n uxxam ney deg ufrag iseqqfen, imelmi tedliq fell-as ad tafed ama iwsewwi ama i wsexled ».<sup>1</sup>

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<sup>1</sup> Tamselyut Ouardia.



*12- Lebṣel aqquran*

« Mi d-neqlae lebṣel ad t-nceqcer ad t-negzem d ticfirin ad as-nexdem lmelħ, ad t-nerr yer ufarug ad t-neğħi i yiċċiġ ad yeqqar, mi yeqqur ad t-nejmee yer lhila n talaxt.

*Ma d wayed ad t-nzed; ad as-nexdem icardan (ibahnaq) ad t-nezd am tezrurt, mi yewwed d ameelaq ad t-necid ad t-neelleq i tili d ubahri ».<sup>1</sup>*

Tilawin s usugnan nsent xedment leqrar i lebṣel akken ad t-affent yal ass deg tkuzint nsent. Yella lebṣel izejtent d imeelaq, yella win iwumi xeddment lmelħ. Tameṭṭut taqbaylit tettwali di lebṣel tiżet n lmakla, llant tid id yeqqaren ma ulac lebṣel xdem aksum ney qim.

### ***Ticcert:***



*13- Imaelaqen n ticcert*

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<sup>1</sup> Tamselyut Tassadit.

« Ula d ticcert nxeddem-itt am lebṣel ad tt-id-nekkes si tebhirt ad d-neččar iqecwalen, ad tt-nefser sin n wussan, ass wiss krađ ad d-neddem tajenwit ad as-nekkes izuran, ad d-neddem amrar imiren ad tt-nezd d imeelaqen wa yer wa, ad d-neddem iyunam ad tt-neellaq daxel n uxxam ney deg usqif-is, imelmi tedliđ fell-as ad tt-tafed ».<sup>1</sup>

« Ad d-neddem ticcert ad as-nexdem icardan (ibahnaq) ad tt-nezed am tezrurt, mi tewwed d ameelaq ad tt-necid ad tt-neelleq itili d ubahri ».<sup>2</sup>

Tameṭṭut taqbaylit tettwali ticcert deg usugnan-is d ddwa i waṭanen am (la tention) imi mačči kan i lmakla i wumi telha, acku ssexdamen-tt medden akked iyemmayen maca nettat d agummu.

### **Tumaṭic :**

D asafar i d-irennun lbenna i tqedduht. Tumaṭic ssexdamen-tt medden akked iyemmayen maca nettat d agummu.



14- Tumaṭic taqqurant

<sup>1</sup> Tamselyut Ouardia.

<sup>2</sup> Tamselyut Tassadit.

Tilawin deg usugnan nsent żrant amek ara xedment i ṭumaṭic akken ad tt-afent deg tsemhuyt n tgrest, syarayent-tt s lmelh yerna mebla zeriea akken ur xettrent ara.

« *Ad tt-negzem d ticfirin ad as-nexdem lmelh ad tt-neğġ i yiṭij am lebṣel, mi teqqur ad tt-id-nejmee yer lhila n talaxt* ».<sup>1</sup>

« *Ad tt-id-nekkes ur tt-nessirid ara, ad tt-nsers sufell-a n yiyyuman n yikufan, ur txetter ara din-a itt-nettaġġa, melmi neħwaġ taeeqqayt ad tt-naf* ».<sup>2</sup>

Ṭumaṭic taqurant d ṭumaṭic ittaġġan medden i yiṭij alamma tekkaw; ad tt-fyen waman akken ad tt-xeznen. Xeddmen-tt deg umur n ṭumaṭic tazegezawt.

Afares n ṭumaṭic taqurant d laewayed n tudrin, syarayen-tt i yiṭij sufell-a n uxxam akken ad tt-affen deg tsemhuyt n tegrest.<sup>3</sup>

Ṭumaṭic ttmelliżen-tt medden, syrayen-tt akken ad tt-xedmen am ieqqaren.<sup>4</sup>

### **Ieqqaren :**

D isufar yeżdan, id-irenum ibenna i lmakla.



15- isufar swayes ixeddmien ieqqaren

« *Ad d-nekkes lheb leħlawa ( zeriea n lbesbas ), lkesbar, leħbaq, ifelfel n tunes ( d azeġġey d amċuħ ), ad ten-neğġ i yiṭij mi qquren ad ten-nenyed deg umehraz ad nexdem yal*

<sup>1</sup> Tamselyut Tassadit.

<sup>2</sup> Tamselyut Ouardia.

<sup>3</sup> Tomat séchée – Wikipidia – files.http://www.

<sup>4</sup> Dépêche de Kabylie, op, cit.

*yiwen wahd-s ney ad ten-nexled, ma d ifselfel-nni win yebyan ad t-yexled ney ad t-yexdem wahd-s, ad ten-nessif deg uyerbal syen ad ten-nerr yer lhila ».<sup>1</sup>*

### **Ibawen :**

Ibawen ttlin akk di tebhîrin n tlawin n leqbayel, d aymemmay i ttezzunt s waṭas acku lhan mliḥ di ccetwa aladya s seksu (seksu d ibawen).



16- Ibawen iquranen

*« Ad ten-id-nekkes, ad ten-nefser s yecləm i yiṭij deg yifarugen am iniyman, mi qquren ad d-nessu lbarc ad d-neṭṭef tamaddazt ad ten-neddeż, syen ibiw ad yeezel wahd-s iclem wahed-s ».<sup>2</sup>*

*« Yella wayen ad nečč, yella wayen ad nṣeddeq, ma d wixad ad ten-nefser d tixdacin deg yifarugen i yiṭij mi qquren ad ten-nesseftutes, syen ad ten-nejmae ».<sup>3</sup>*

Tilawin deg usugnan nsent ttaġġant amur ameqqrān n yibawen i yergazen mi ara ssewwent acku d tagulla eżiżen am uksum, dya netta sħarayenten s waṭas, yugar ayen yettmaččan d azegzaw.

<sup>1</sup> Tamselyut Ouardia.

<sup>2</sup> Idem.

<sup>3</sup> Tamselyut Tassadit.

**Tajujbant ( tajelbant ):**

Am wakken tezzunt tlawin ibawen i xeddment ula i tjubbant. D tagulla xeznent s waṭas, sewwayent-tt deg useqqi n seksu, deg leġwaz, deg tesfurutt,..



17- *Tajejbant taqurant*



18- *Tajujbant yebrin*

« Ad tt-id-nekkes ad tt-nefser i yiṭij deg yifarugen am iniyman, mi teqqur ad nessu lbarc ad neṭṭef tamaddazt ad tt-neddez, syen ad tt-nezwi deg tbaqit ad d-yali yeclém-nni sufell-a ad tt-nefru, ad tt-neffer akken tella, ney ad tt-nebri deg tissirt akken ad tt-neseww d aseqqi ».<sup>1</sup>

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<sup>1</sup> Tamselyut Ouardia.

« *Nexdem-itt am ibawen ad nečč, ad nṣeddeq, ma d tayed ad tt-nefser d tixdacin deg yifarugen i yiṭij mi qquarent ad tent-nesseftutes, syen ad tt-nejmee, ma nebya ad tt-nesseww akken ney ad tt-nebri* ».<sup>1</sup>

Tilawin s usugnan sawdent ad axedment sin n lṣnaf n tjulbant, yella wanda itt-sexddamayent d taeqayt, tikwal ad tt-zdent.

### **Lhemmez :**

Lhemmez d asafar ssewwayent tlawin s seksu ama deg useqqi, ama deg seksu n lwaeda. Dayen ttezdent-tt akked yirden d temżin akken ad d-xedment taebużt.



19- *Lhemmez aquran*

« *Ad t-id-neqlee d ticiṭwin; d tiyemmusin ad nerr tixdacin yer lqaea, mi yeqqur ad nuh ad t-id-nawi deg yibaħnaq, ad t-id-necid, ad t-id-nbib mi d-newwed yer wennar ad t-nsers din-a, ad kecmen yezgaren ad t-srewten, ad t-ißizdeg baba s tazert syen lhemmez ad issub yer lqaea ma d iclem ad d-yalli sufell-a, ad ten-id-yektil ad ten-id-nawi s axxam* »<sup>2</sup>.

<sup>1</sup> Tamseljut Tassadit.

<sup>2</sup> Idem.

**Zzbib :**

D agummu n wađil, seyarayent-tt tlawin akken ad taffent deg tegrest. Xeddment-tt i seksu d yiġi.



20- *Adil aquran*

« *Mi yewwa wađil ( tiżurin ) deg triwa ad t-id-nekkes ad t-neğġ ad yers, ad ikkussem imiren ad t-nesfur deg yiseksuten ad as-nexdem lyan ( ad neseww iyiyden mi yugzagen ad neemmer aman-nni ad ten-nesmir sufell-a n wađil-nni ), ad t-nesmir yer uqecwal akken ad yudam; ad iserreħ iwaman syen ad t-nefser i yiṭij ad yeqqar, mi yeqqur ad t-nejmee yer lhila ».<sup>1</sup>*

Nwala-d isufar swayes ad sewwent aseqqi, ney s wayes ara čċent seksu, Tilawin sexdament ula d iyiyden deg usexzen n lqut. Tura ad d-nebder isufar n usexled, ay-agħi wwedent yur-s s usugnan, acku sugnent deg wallay nsent amek ara xedment i way-agħi.

Tilawin n leqbayel xedgment tibħirin, ttawint-d lyella, xedgment-as leqrar akken ad tt-affent deg tugnit i deg tteħwaġent.

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<sup>1</sup> Tamselyut Tassadit.

**Ifelfel :**

Ifelfel d aymemmay issexdament tlawin ama deg usewwi, ama deg usexled (seksu s ifelfel).



*21-Afesser n yifelfel*



*22-Amelaq n yifelfel*

« Ad t-id-nekkes si tebhirt ad t-nesni s tsegxit ta yer ta alamma nexdem ameelaq, ad t-neellaq i yiij alamma yeqqur ad yečenčun am tjuitin, syen ad t-id-nejmee ad t-nerr yer tqecwalt. Mi ad tarred yer tmes ad yettrah am turin, yelha i wsexled ».<sup>1</sup>

« Ad neġġ ifelfel di tebhirt alamma yewwa; ad yuyal d azeggay ad t-id-nekkes ad t-nesni d imeelaqen ney ad t-nefser deg yifarugen am yiniyman, ad yeqqim i tilli mi yeswa

<sup>1</sup> Tamselyut Ouardia.

*aman-is yekkussem ad t-neğġ i yiṭij ad yeqqar, tameddit ad t-nyum mi d ḥbaħ ad as-nekkes ayummu, mi yeqqur ad t-id-nejmee yer uxxam ».*<sup>1</sup>



23-Ifelfel deg waman n lxed

*« Ma d ifelfel wayed ad t-neneqar ad t-nerr yer lhila n zegħgaġ, ad as-nexdem aman, lmelħ, lxeld ».*<sup>2</sup>

*« Nexdem ifelfel nniżen ad t-id-nekkes si tebhirt ad t-neğġ sin n wussan ney krađ ad yekuċaħ ney ad yeksem, ad as-nekkes aqdmir ad as-nezwi zariea ad t-nerr yer teqlalt, ad as-nexdem wciż n lmelħ d lxeld ad as-narnu aman syen ad t-nyum, ad yeqqim kra n wussan imiren ad nedlu fell-as ad neddem asksut ad t-nesqudar, ad as-neiwed lmelħ d lxeld ma d aman fiħel ad yeqqim sin ney krađ n wussan syen ad t-nerr yer teqlalt ad as-nexdem zzit n uzemmur d lmelħ d lxeld, ad as-nerr tadimt. Melmi it-id-demmed d azegzaw ad as-tinnid ass-a id yusa, ma ad teċċid am lexlie ».*<sup>3</sup>

Ifelfel ma ad yeqqim deg waman n lxeld d lmelħ ad yuval d alqaq ur yettmayża ara, d asugnan-nsent itent-isawden ad zrent d aman d lxeld maċċi d ayen nniżen, akken dayen llant tlawin i d-as-irnnun zzit.

<sup>1</sup> Tamselyut Tassadi.

<sup>2</sup> Idem.

<sup>3</sup> Tamselyut Ouardia.

tilawin sxedment tiħarci d usugnan acku mi ad ksent ifelfel ad t-ġġent kra n wussan i tili; daxel n uxxam akken ad ysew aman-is ad ikusem, imiren ad t-id-sufyent yer yiṭij zerant d lhamu n yiṭij id-as-illaqen akken ad yeqqar ur ixettar ara.

Leid tameqqrant d leid i deg farħen yemdanen, d leid i deg ttemyafaren yerna zlun ikkari, cwiṭ ad teċčen, cwiṭ ad t-ṣedqen, ma d wayed ad t-xedment tlawin d lexlie.

### ***Lexlie ( acedluħ, aqeddid ) :***

Lexlie d aksum iwumi xedment tlawin lmelħ akken ad t-ffent i yemensi n taċċurt, akken dayen ttafeat-tt deg wussan nniżen.



24-Aksum deg lmelħ



25 - Laxlie ielqen

Nruḥ yer yemma wardya d Nna Tassadit nnant-ay-d amek ixedment i wksum-agı:

Yemma Wardya: « *Mi ad nezlu ixef ad neffek wciṭ i wid ixussen, ma d tayruḍt d temṣaḍt ad qedren cwiṭ cwiṭ imiren ad t-nemllaḥ ad tennar yer lhila n talaxt, ad yeqqim mraw (10) n wussan ad t-nyum s tculiḍt ad as-narnu bufrāḥ n talaxt. Ad d-neddem taruka s wayes ttelmen ney imsenda, ad d-nesni aksumni wa yer wa, ad d-neddem amrar imiren ad t-neellaq deg rref ger yiṭij d tilli ad yeqqim aṭas yas yella deg-s yiyes. Mi it-id-njemmee ad neddem zzit n uzemmur ad nexdem cwiṭ i yal aftat, imiren ad t-nerr yer lhila n talaxt ad t-nyum. Ama d taecurt, ama d lmulud, ama teseid inebgi ad t-id-demd, imelmi it-taḥwaġġed yella acku imelaḥ yerna yedhen ».<sup>1</sup>*

Nna Tassadit: « *Mi nezla izimer ad d-nekkes ayen ad nfek wayed ad t-neclah ney ad t-nenqar, ad t-neččar d lmelħ alamma teččur lhila ad as-nerr ayumu ad yeqqim mraw d semmus (15) n wussan deg lmelħ alamma yuval d aman; ad yefsi akk lmelħ-nni imiren ad t-id-nekkes ad t-nenqar ad t-nesni ad t-neġġ ad yeqqar i yiṭij, syen ad t-njemmae ad t-nerr yer lhila melmi it-hwaġġed ad t-id-demd.*

*Mi ad t-nerr ad yeww ad t-nessired s waman yeħman akken ad as-yekkes lmelħ, ma nġġa-t akken ur nexdem ara lmelħ iwseqqi. Imelmi it-hwaġġed ad temyed deg-s ».<sup>2</sup>*

Lexliē ney aksum aqqrar xedment deg leid, ney mi ad xedmen timecređt, ad čcen ad fken, wayed ad as-gen lmelħ, xedmen ula d tassem d izarman, ad ten-eelqen ad qqaren. Mi d ass i deg qquren ad ten-jemien ad xedmen yal yiwen wahd-s, ad asen-arren tadimt n uqcuc yerna ad tt-selyen s talaxt.<sup>3</sup>

Aksum itt-fren ney ixeznen d acedluḥ ney d aqeddid i yelhan s waṭas, ttfarrasen tagnit deg leid tameqqrant, d timezliwt-agı i ten-yeğġan ad seyren aksum. Deg kra n i degan (adeg) gezmen-t d imarsunen imeqqransen ad ten-melħen, ad ten-eelqen yer sqef n uxxam i wakken ad yeqquer i yiṭij, mi d ass deg yeqqur ad t-rren yer lhila n talaxt, sexdamen-t deg usewwi n seksu ney deg tegulla tansayt.<sup>4</sup>

<sup>1</sup> Tamselyut Ouardia.

<sup>2</sup> Tamselyut Tassadit.

<sup>3</sup> Germaine Laoust - Chantréaux, op, cit, pp. 84-85. « La préparation de la viande séchée ( aksum aqqueran) a lieu régulièrement après l'id tameqqrant...Lorsequ la viande, les intestins et la graisse sont sec, la femme les entasse séparément dans des marmites, refermées avec un disque de bois scellées avec de terre ». Tasuqilt-nney.

<sup>4</sup> Dépêche de Kabylie, op, cit.

Tilawin xedment lmelħ iweksum akken ad t-xeznent, lmelħ yesea azal deg usexzen n lqut, asexzen n tegulla d tamyart it-ixedmen.<sup>1</sup>

Tilawin rrent lwelha-nsent yer lmelħ imi ur txetter (ur ttlin ara deg-s ibaċac), xedment-tt iwksum, lebsel, tħumatiċ, udi...atg. Akken ur sekičċiwen ara ney ur seun ara tiwkiwin, ad d-yeqqim usafer-nni iwumi xedment lmelħ assegħas ur ixetter ara.

Tilawin wwednt s usugnan alammi id-uffant lmelħ d ayen yelhan aħas deg usexzen n lqut, żrant deg tkuzinin-nsent lmelħ ulac d acu itt-yettajen yas ulamma tkcem-itt nnda ur tettbedil ara Md: Aksum d ayen yesahlen ad yexxer ur ilaq ara ad d-yeqqim uggar n yiwen n wass deg lhila, illaq-as ttawil neemulac ad yexxer.

Tilawin-agħi ad dement aksum-nni ad temlahent ad t-eċċaġent, ur ixetter ur yettrah ara, ad teğġent alamma yekaw ad yesew akk lmelħ-nni; ad teqquer deg-s, ad t-xzenent assegħas. Tilawin ħarcen ttawedtent yer igemmad ibyant deg usexzen n lqut. Yas mariyen ney melħen isufar-nni ur seunt ara deg-sen uggur acku snent amek ad t-sewwent am: lexliex ad t-sirdent s waman yehman ney ad t-zagżegħent akken ad as-yekkes lmelħ, am d tħumatiċ akked lebsel ur xedment ara lmelħ iwayen ad sewwent yid-sen.

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<sup>1</sup>Abdennebi Houria, op, cit, p. 137.« La conservation des viandes, si ce n’était le sel. Les réserves des nourritures sont sous la responsabilité de Tamyart ». Tasuqilt-nney.

Tazemmurt tesea azal meqqren yer leqbayel, si tsuta tettabaë tayed teqqim d agerruj, imi lyella-s d ddwa i umuđin yerna sexdanen-tt i tagulla akk.

« *Tazemmurt tettili anda ad tt-yeweu yițij, tettak-d azemmur seg 07 n yisseggasen alamma d 35 n yisseggasen, tezmmer ad teqqim 05 n tasut, tettak-d azemmur i yettuyalen d zzit ».<sup>1</sup>*

### **Azemmur :**

D agummu yesean azal, nettaf-it ama i sexled ama i sewwi, akken dayen i d ay-d-yettak agaruğ meqqren i nesxdam s waṭas; agruğ-agı d zzit n uzemmur.



26- Azemmur deg waman n lmleħ

Ad d-nwali amek ixeznent tlawin azemmur azegzaw akken ad t-ċent d aeqa, d wamek yettużjal d zzit.

« *Ad d-necrew azemmur azegzaw ad t-nessired ad as-nexdem aman d ddwa, ad yeqqim yiwen n wass ad as-nesnyel aman-nni ad as-nexdem aman nniżen mi yuvalen d ibarkanen ad*

<sup>1</sup>Abdennebi Houria , op, cit, p.50. « l'olivier, lui préfère les terres de limons exposé au soleil. Il porte ses fruit entre 7ans et 35ans et traverse les siècles par fois jusqu'à 5 siècle. Sa productivité est fonction de sa longévité. Il résistant s'accroche au roc et produit de petites olive fremes,buillantes, à l'huile légère car pauvre en acide gras ». Tasuqilt-nney.

*as-nbeddel wiyađ, mi d ass wiss krađ ad as- nexdem aman n lmelħ ad yeqqim akken ad t-neffer, mi it-nebya ad t-id-neddem. Ma yeww uzemmur yuyal d abarkan ad nruħ šbaħ alamma d tameddit ad d-nuyal, ad d-nelqed azemmur ad d-neččer iqcwalen ad ten-id-nawi s axxam ad ten-nesmir, akken yal ass alamma d ass i deg ad nekfu, ad t-awwin yer tessirt ad iżed d zzit ad tt-id-awin yer uxxam ad tt-nesmiren yer ucbayli ».<sup>1</sup>*

*« Ad t-id-nekkes d azegzaw ad t-nessired ad netf aeeqa aeeqa ad t-neftek si ṭrufat s tjenwit, ad t-nerr yer lhila ad as-nexdem cwiṭ n lmelħ d lxeld ad as-nernu aman alamma yuflaw, ad t-nyum. Mi ad nuħ yer laxla ad nelqed azemmur ney ad njemmee abelluđ ad t-nawi. Ma ad yeww uzemmur ad yuyal d abarkan ad nruħ yer laxla, irgazen ad zwin ma d nekkenti s tilawin ad nelqed ad neččar iqecwalen ad ten-id-nawi yer uxxam ad t-nesmir d aemur akken yall ass, mi d ass i deg nekfa ad t-awin yergazen ad t-id-żden d zzit ad tt-nesmir yer ucbayli»<sup>2</sup>.*



27-Zzit n uzemmur

*« Alqad n uzemmur d laywayed id-ġġan imezwura, mazal-itt ar ass-a. Yettili ulqad n uzemmur deg krađ n wagturen, leqbayel ur zmiren ara ad ġġen leada-agħi acku zzit tesħa azal ameqqran, sexdamayen-tt swaṭas deg tkuzint.*

*Irgazen, tilawin, arrac tħruħun yer laxla xedmen lbarc akken ad yayli yur-s uzemmur, irgazen ad zwin ma d tilawin d warraq ad laqden, tikkwal ttawin iwiziwen, ttawin lqut ara ččen din-a mi d lawan n yimkli ad ččen. Mi teeda laeħar ad awin azemmur ad ruħen yer uxxam. Mi d ass i deg d-kfan lqed ad t-awin yer lmieniṣra ad t-id-żden d zzit ».<sup>3</sup>*

<sup>1</sup> Tamselyut Tassadit.

<sup>2</sup> Tamselyut Ouardia.

<sup>3</sup> Abdennebi Houria, op, cit, p.55. « De nos jours, elle demeure manifestation agricole traditionnelle encore vivant. Elle dure trois mois...Les molins électriques disputent la clientèle aux moulins mécaniques mais pour des raisons de désintérêt de l'huile » Tasuqilt-nney.

Azemmur am yiniyman yesea azal yer leqbayel acku yettak-d zzit n uzemmur ( zzit leqbayel ), zzit-ag i sexdamen-tt ilqut imara.

Tilawin sawdent s usugnan nsent ad xedment lxeld akken ad yekkes tarzeg iwzemmur, yerna ad as-ifek lbenna .

### ***Udi :***

Leqbayel hemmlen ad swen iyi, deg usendu n yi yi tteksent-d tlawin tawaract n udi.

Udi tettent s uyrum ney ttadhanen yiss-s, ma ad d-ksent tlawin atas n wudi xedment-as laqrar.



28-Udi amihan

« Ad d-nsendu iyi ad d-nekkes udi ney tawarect yer lhila, ad as-nerr aman akken ad yedukkel ad nexdem akur ad t-nemlah ad t-nerr yer taguct. Ass deg ad nebyu ad t-id-neddem ad t-nerr ad d-yefsi yef tmes ad d-yuyal am zzit ad t-id-yali yi yi d semmam ad t-id-nekkes, ad d-nesmir udi-nni yer lhila ma d lmelh-nni ad tezder ney ad teqqim yer lqaea, ad neğg udi-nni ad yekres mi ad t-ċċed ur d as-teqared ara ikcem-it lmelh. Ma ad yeqqim atas wudi-nni inmelah ad d-yuyal d aqeshan yelha i ddwa ».<sup>1</sup>

Ttemlihen udi, xeznen amur ameqqran seg-s yerna yettyimi akud meqqren.<sup>2</sup>

Tameṭṭut tettezg tistan, tiyten snat n tikkel deg wass yer thelabt, yella win ad swen akken ney ad yagzeg, yella win ad xedment deg tuggi n useqqi ad yikil sru sent yer tama n lkanun, ad

<sup>1</sup> Tamselyut Tassadit.

<sup>2</sup> Dépêche de Kabylie, op, cit.

t-errent yer texcact ad t-sendun mi id-yefka tawarect ney udi, ad as-xedment lmelħ ad terkcent akken ad yeseu akk lmelħ, ad terrent yer lhilan talaxt ad as-rrent tadimt syen ad t-selyen s talaxt.<sup>1</sup>

Nettekkes-it-id seg usendu n yiyi, ad neddem ayefki ad t-nesmir yer teqlalt ad t-neğġ ad yikkil sin ney krad n wussan, mi yekkal ad t-nesmir yer taxcact n usendu ney yer tmsendut ad as-ternu aman yeħman, ad teqqim tmettut yer lqaċa ad tt-tetħharik si fasen-is yerna ad tecnu, mi id-yeffey wudi ad as-nesmir cwiṭ n waman isemaden akken ad yemllil akk wudi-nni ad yekres, ad as-xedmen lmelħ ad t-rekcent ad t-rrrent yer lhila n talaxt ad as-rrent tadimet ad tt-selyent akken ad t-xeznent.<sup>2</sup>

Tilawin ttekkesent-d udi seg uyefki, ad t-smirent yer tmarmidt ad t-ġġent ad yikkil sin ney krad n wussan, mi yuval d ikkil ad t-semirent yer taxcact ( tagurjiżt tameqrant taqurant ) tesea aqmuc tteeliqen-tt, tameħħut ad teqim yer lqaċa tama n texcact ad tsenday azal n nefš n saea, mi yuval d iyi ad jemmee udi ad t-id-kkes yer lhila yesean aman akken ad yekres, ad as-texdem lmelħ ad terr yer lhila n talaxt.<sup>3</sup>

S usugnan sawdent tlawn ad frent udi ur ixettar ara, sexddament aman isemaden akken ad yekres syen ad as-xedment lmelħ, mi tbyant ad t-ċċent d udi ney d zzit ad t-id-sefsint.

### **Tamawt:**

Deg ukatay-agħi-ney nebder-d kan n yisufar d lqut i xeznen leqbayel s waħas, acku llan yisufar nniżien iseyarayen yerna xeznen-ten, tazuri n tkuzint ur tesei ara tillas.

Deg wayen id-nebder llan isufar id-wwint tlawn seg ugama, llan wid ixedment deg ux-xam.

Tilawin-agħi ħarcen ulac tarrayt ur sxedment ara, yal asafer snent d acu id as-ilaqen, sxedment asugnan akken ad awdent yer wayen bŷant. Asexzen n lqut yeħwaġġ tamusni d lebyi akken ad tsmursed deg-s.

<sup>1</sup> Germaine Laoust-Chantréaux, op,cit, pp.82-83. « Les femmes trait les vaches, les brebis et les chèvres, deux fois par jour...La femme la triture dans un plat plien d'eau, elle la sale, la pétrit et la met dans une petite jarre qui une fois pleine est refermée et scellée avec de la terre » Tasuqilt-nney.

<sup>2</sup> Lacoste-Dujardin Camille, op. cit., p.73. « Le beurre était obtenu par le barattage du lait...puis le beurre est salé pétri et mis dans une petite jarre qui pleine, est scellée avec de la terre pour la conservation » Tasuqilt-nney.

<sup>3</sup> Idem, p.207. « Avec le lait, les femmes font du beurre par barattage...puis salé il est pétri et enfermé dans une petite jarre ». Tasuqilt-nney.

Ad neered ad nebder kra n wallalen isexdament tlawin akken ad xeznent lqut, d tugniwin nsen.

### **III. 4. Allalen i deg xeznen lqut d isufar:**

#### **Akufi:**

D allal i deg xeznent tlawin lqut, bnunt-t s talaxt daxel n uxxam.



1- Ikufiyen.

« *D allal i deg xzenen iniyman, irden, timżin, ad ten-meslen daxel n uxxam s wakal azeggay d lybar, ad ten-rucen s tumlilt xedmen-asen arqem s uzewiy ula d irran n uqmuc-is s uzwij, seean iyuman meslan am ukufi d imdewren yerna zurit cwiż, seean taħnact tamcťuħt ansa ad ieedi uſus, ttaran-as tadimt n uqcuc » .<sup>1</sup>*

Akufi d tilawin it-ixedmen daxel n uxxam n wakal sufell-a n teddukant nej yef yiri n taerict, ikufiyen sean atas n talyiwin yal yiwen amek iten-txedem seun imi d imedwar ttaran-t-as tadimet n uqcuc, di tlemmast xedment-as taħnact tamecťuħt ansa ad ieedi uſus, tikwal xedment-asen arqem, tikwal trucunt-ten s tumlilt. Ttaran-t yur-sen irden, timżin, abelluð, iżemmayen d igumma iquren am: iniyman, ibawen, zzebib...atg.<sup>2</sup>

<sup>1</sup> TamselyutTassadit.

<sup>2</sup> Camille Lacoste-Dujardin, op. cit, p.29. « édifiée par les femmes sur place, à l'intérieur même de la maison...On y ensilait les graines brisée ( blé, orge, glands), les légumes et fruits secs ( fèves, tigues, raisins) ». Tasuqilt-nney.

### Afexxar:

Ad d-nebder amek ixedment tlawin afexxar, syen ad nefk tugna n yal allal.

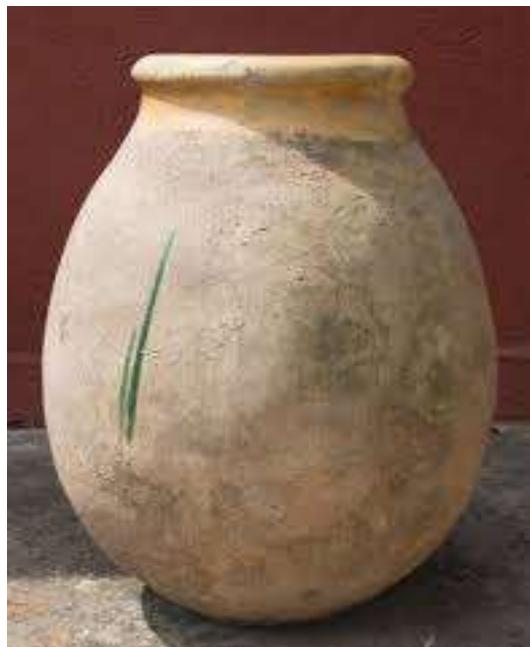
*« Tilawin ttawin-d akal seg imukan yettwassnen s wakal n ufexxar. Si tama nniden tedzen afrur n lqermud rennun-t i wakal-nni, ssyen eerrken amexluq-nni, mi yekfa s leerk bennun yiss-s tiyawsiwin n usewwi d tgella yecban tiqeslin, tibuqalin, tirba, idujan,...atg. Mi semden tiyawsiwin-ag i d-bnan, fkan-asent udem iwatan ad tent-ğgen ad qqarent. Mi qqarent ad tengren di tmes ad qdent, mi qdent ad tent-id-kksen, ad tent-sxedmen deg wayen i byan».<sup>1</sup>*

*« Tilawin ad d-awint talaxt ad tt-fesrent, mi tekkaw ney teqqur ad tt-dzent syen ad tt-slaxsent s waman, ad as-rnunt afrur ( d tayawsa n talaxt yerzen ) ad t-dzent ad t-sifent, ad txeldent d talaxt syen ad meslent allalen ibyant mi kfant ad ten-qdent ad zwirent isyaren ad rnunet allalen-nni imeslent syen ad rnunet sufell-a-nsen tacicin ( allim d lybar ). Llan wallalen i wumi xedment arqem »<sup>2</sup>.*

Tilawin wwđent s usugnan-nsent ad xedment ney ad meslent allalen i hwaġent, yerna yal yiwen d acu n talya id as-fkant.

### Acbayli:

D allal i deg xeznen zzit.



2- Acbayli n zzit.

<sup>1</sup> BELGASMIA Nora, op, cit, p.93.

<sup>2</sup> Tamselyut Tassadit.

**Tassebbalt:**

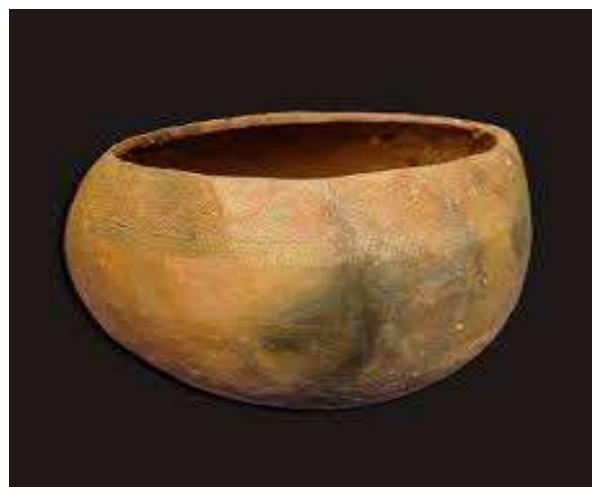
D alla i deg xeznen awren.



3- Tassebbalt n uwren.

**Taqlalt:**

D allal i deg xeznen ifelfel n lxeld d uzemmur.



4- Taqlalt n yifelfel.

Ad d-nebder allalen yesean azal ameqqranc yer tlawin am ufarug d tessirt, acku allalen-ag i tteawanen-tent deg usexzen n lqut.

### *Afarug:*

D allal i deg fettrent isufar akken ad qaren.



5- Afarug.

Allal-ag i izgazen it-ixedmen, dya nerza yer Mass Mulud ad ay-d-yinni amek it-ixedmen, acku allal-ag i wumi i d-nexdem tugna d netta it-ixedmen dya yenna-ay-d: « *Ad d-nekkes semmus n tmarwin (50) n tyunam ad tent-neğg iyitij akken ad qqarent, mi qqarent ad tent-nefres ad d-nernu ukuż (04) n yesyaren n usellen, ad d-nezwir sin yer lqaea ad ten-nxdem deg tlemaast akken ur tteruzunt ara tyunam-nni mi ad t-neċċar, syen ad narnu yiwen si ḥarf wayed si ḥarf nniden imiren ad neddem selk ad nżeq yiwen yiwen n tyanimt, ma si ḥufat n tahri ad d-nexdem snat n tyunam ta yef ta akken ma ad nefser ur d-iylli ara wayen nefser »<sup>1</sup>.*

<sup>1</sup> Amselyu Mouloud.

**Tissirt:**

D allal s wayes zdent tlawin isufar isyrent.



6- Tissirt n uxxam.

« *Tissirt texdem s simman tesea sin yiyuraf d imdewren wa yef wa; amezwaru yesea asyar deg tlemmast, wiss sin yesea aqmuuc ad yekcem daxel n usyar-nni akken ad nesmir ayen ad nezd, yerna yesea afus i seg ad d-tdwired* »<sup>1</sup>. Deg usexdem n wallal-agħi tilawin sughnand-d amek ayuyalen isufar ad zdent.

Yall axxam yesea tissirt n ufuks akken ad zden yiss-s, tissirt tesea sin n yeżra d imdewren rsen wa yef wa.

D allal i swayes ttebdilen isufar id-jarden yergazen; ad ten-zdent tellawin.<sup>2</sup>

Tilawin ad zdent isufar yeqquran akken ad xedment tagulla i bŷant.

Nessawed nebder-d kra n wallalen i deg xeznent tlawin lqut, yerna nwalla-d amek i ten-xedment.

<sup>1</sup> Tamselyut Tassadit.

<sup>2</sup> Camille Lacoste-Dujardin, op. cit., p.250.

Deg tazwara n yixef-agı nemslay-d yef wamek ixedment tlawin i lqut akken ad t-xeznent, syen nwala-d allalen i deg it-xeznent. Di taggara ad nemslay yef wamek isewwayen lqut ixzenent.

### **III.5. Asewwi n lqut ney tegulla i yettwaxznen:**

Nerza yer Nna Tassadit temla-ay-d amek iswwayent lqut ixeznent, lamaena llant atas n tqedduhin mgaradent ad d-nebder seg-sent kra:<sup>1</sup>

- **Seksu n yirden:**

« Ad d-nehggi tabaqit, ayerbal imcercer, ayerbal n uhari ( uqqin ), adebşı n uwren n yirden, adebşı n waman i yesean lmelħ.

Ad d-neddem taftalt yer tbaqit ( ljefna ) ad tt-neftel s waman n lmelħ, ad tt-neftel ad tt-neskaw s uwren syin ad tt-neseeddi deg uyerbal imcercer ad nuyal ad tt-neftel, dayen ad tt-neseeddi deg uyerbl n uhari akken ad nħar seksu. Mi yekfa uwren-nni s leftil yuyal akk d seksu ad nerr aman deg tasilt ( tuggi ) ad asen-neceel mi tugzag ad d-neemmer seksu-nni yer tseksutt akken ad iffur, mi d-iffur ad t-id-nesmir yer tbaqit ad t-nerdem s waman, mi yekkaw ad as-nexdem cwiż n zzit ad t-nerr ad ifur i tikelt tiss snat syen ad t-id-nekkes ».

- **Ayrum n yirden:**

« Ad neslexs awren n yirden swaman d lmelħ ad t-negg d aħbul, ad d-nerr bufreh ad yeħmu ad negger ayrum-nni ad t-nenqar mi yewwa seg yiwet n lgiha ad t-neseww si tayed ».

- **Tiyrifin n yirden:**

« Ad nessif awren n yirden yer tbaqit, ad as-nexdem lmelħ d yiyes ad t-neslexs s waman alamma yeħluli ad t-neġġ ad yawed ney ad yay (ad icuf). Ad nerr bufreh ad yaħmu ad neddem cwiż n tħanhnuqt ad nexdem deg-s cwiż n lmelħ ad tt-nessisin deg waman akken ad nedhen yiss-s bufreh, ad nexdem tiyrifin s yeflew, tayrif i d nekkes ad tt-nedhen s zzit».

- **Ayrum n temżin:**

« Ad neslexs awren n temżin s waman d lmelħ ad t-negg d aħbul, ad t-nerr yer bufreh, ad t-nenqar, ad yeww seg yiwet n lgiha ad t-netti ad yemw si tayed».

- **Seksu n weclim ( Acacu ) :**

«Ad nexled awren n semid d uwren n weclim ( d icelman n ubellud id-nežda d wid n temżin) ad t-neftel s waman ad t-nesskew s uwren ad t-neseeddi deg uyerbal imcercer ad as-neawed deg win n uhari ad t-nesfur syin ad t-nerdem mi yekkaw ad as-nexdem cwiż n zzit ad as-neawed lufar syen ad t-id-nesmir yer tbaqit».

<sup>1</sup>Tamselyut Tassadit.

- ***Seksu n ubellud:***

« Ad neftel awren n ubelluđ di tbaqit ad as-nernu win temżin ney n yirden s waman n lmelħ, ad t-nesskew s uwren imiren ad t-nesseddi deg uyerbal imacercer ad as-neawed deg win n uħari ad t-nesfur syin ad t-nerđem mi ad yekkaw ad as-nexdem cwiṭ n zzit ad as-neawed lufar».

- ***Ayrum n ubellud:***

« Ad d-neddem awren n ubelluđ ad t-neslexs di tbaqit s waman d lmelħ ad t-negg d aħbul ad t-neflu ad t-nerr yer bufreh ad yeww seya wesya ».

- ***Seksu n ssmid:***

« Ad d-neddem seksu-nni aqquran yer lhila ad t-nessired s waman, ad t-nesmir yer tseksutt akken ad iqqudar ( ad yudam ) imiren ad t-nner yer tbaqit ad yekkaw ad d-neddem tasilt ad d-negg deg-s aman ad tt-nerr ad tagzag, mi yekkaw seksu-nni ad t-nerr yer tseksutt ad t-nessres sufell-a n tasilt akken ad ifur, syen ad t-id-nessers yer tbaqit ad t-nardem ad as-nexdem cwiṭ n zzit ad t-nerr ad ifur».

**Tamawt:**

Tilawin zmerent ad sewwent seksu yef waṭas n twsatin, s usugnan-nsent id-fyent aṭas n tqedduħin ger-asent ad d-nebder:

- ***Seksu s useqqi:***

«Ad d-nesww aseqqi, Ad d-neddem seksu-nni aqquran yer lhila ad t-nessired s waman, ad t-nesmir yer tseksutt akken ad iqqudar, imiren ad t-nner yer tbaqit ad yekkaw ad d-neddem tasilt ad negg deg-s aman ad tt-nerr ad tagzag, mi yekkaw seksu-nni ad t-nerr yer tseksutt ad t-nesres sufell-a tasilt n useqqi akken ad ifur, ad t-neqfel s useqfel mi ad wwen ad neemmer aseqqi yer tqellalt, ad neemmer seksu yer uđbşı ad t- nedhen s zzit n uzemmur syen ad t-nesqqi».

- ***Seksu s yiyyi:***

« Ad d-neddem seksu aqquran yer lhila ad t-nessired s waman, ad t-nesmir yer tseksutt akken ad iqqudar imiren ad t-nner yer tbaqit ad yekkaw, syen ad t-nerr yer tseksutt ad ifur, ad t-nerđem s waman, ad as-neawed lufar, mi ad yeww ad t-id nesmir yer tbaqit ad t-neğġ ad yismiđ, syin ad neemmer yer uđebşı ad t-nseqqi s yiyyi».

- ***Seksu s yikkil:***

« Ad neddem seksu aqquran yer lhila ad t-nessired s waman, ad t-nesmir yer tseksutt akken ad iqqudar imiren ad t-nner yer tbaqit ad yekkaw, syen ad t-nerr yer tseksutt ad ifur, ad

*t-nerdem syin ad as-neawed lufar ma ad yeww ad nexebbel yer tbaqit ad yismid. Ad neemmer seksu s adebši, ad nernu ikkil s aqbuc, ad nseqqi seksu s yikkil ».*

- **Seksu n lwaeda:**

« *Di tazwara ad neslexs lhemmez ad nyal ad t-nessli deg waman, syen ad t-nerr ad yeww ad as-nernu lebṣel igezmen d lbaṭaṭa ad asen-nexdem lmelh, ad nerr sufell-as aseksut n seksu id-neslxes akken ad furen. Ad nerr timellalin ad wwent deg waman, mi yefur seksu-nni ad t-nerdem ad as-nexdem cwiṭ n zzit, ad nedem aseksut ad nerr yur-s zzebib d seksu-nni ad ten-nerr ad furen, syen ad ten-id-nesmir yer tbaqit ad nernu lhemmez d lbaṭaṭa i yewwen deg lebṣel d tmellalin igezmen ad ten-nexled akk, ad ten-nedhen s zzit n uzemmur».*

- **Seksu s wadil ( tizurin ):**

« *Ad nesfur seksu ad t-nerdem, ad t-nerr ad ifur, si tama nniđen ad nerr timellalin ad wwent ma d adil ad t-nssefrur ad t-nessared, ad nxebbel seksu deg tbaqit, ad as-negzem timellalin ad as-nernu adil, ad nexled akk, ad t-nedhen s zzit».*

- **Seksu s zzebib:**

« *Ad nesfuṛ seksu, ad t-nerdem, ad nessired zzebib ad t-negg di tseksutt ad nernu yur-s seksu-nni ad furen i tikelt tiss snat, ad nerra tmellalin ad wwent deg waman. Ad d-nexbel seksu d zzebib yer tbaqit ad as-nernu d tmellalin i negzam, ad ten-nexled ad t-nedhen s zzit n uzemmur».*

- **Aseqqi n ibawen iquranen :**

« *Ad nselxes ibawen tameddit, mi d ḥbah ad ten-nseli. Ad neddem tasilt ad d-negg deg-s zzit, ad as-negzem lebṣel ad as-nexdem lmelh, ieqaren ad t-neqlu cwiṭ, ad as-negg aman, ma ad tagzag tasilt ad as-nernu ibawen-nni ».*

- **Aseqqi n tjubbant taqurant yebrin (n ubiṣar, n tliqa):**

« *Ad nerr aman yer tasilt ad gzagen ad d-nesmir abiṣar, ad as-narnu lebṣel d lbaṭaṭa igzmen ad as-nexdem lmelh d zzit. Ad neslexs seksu ad t-nerr ad iffur sufell-a n useqqi-nni. Mi wwan ad nedhen seksu ad t-nseqqi s ubiṣar ».*

- **Aseqqi n lhemmez:**

« *Ad neslexs lhemmez, ad t-nerr ad yesli. Ad neddem tasitt ad negzem yur-s lebṣel, lbaṭaṭa, zrudiya ad asen-nexdem zzit d lmelh, ieqaren ad ten-neqlu ad asen-nesmir aman syen ad narnu lhemmez. Ad neslexs seksu ad t-nerr ad iffur sufell-a n useqqi-nni. Mi wwan ad nedhen seksu ad t-nseqqi ».*

- **Berkukec ifuren ( lmardum ):**

« Ad neddem berkukec-nni aqquran yer lhila ad t-nessired s waman, ad t-nesmir yer tseksutt akken ad iqqudar imiren ad t-nner yer tbaqit ad yekkaw ad neddem tasilt ad negg deg-s aman ad tt-nerr ad tagzag, mi yekkaw berkukec-nni ad t-nerr yer tseksutt ad t-nesres sufell-a n tasilt akken ad iffur, syen ad t-id-nessers yer tbaqit ad t-nerdem melih ad t-nerr ad iffur, si tama nniđen ad nerr lebşel d lebaṭaṭa i yegzmen ad furen deg tseksut nniđen, ad nerr timellalin ad wwent mi wwan akk ad ten-nexled deg tbaqit ad ten-nedhen s zzit».

- **Tarkuct n uyefki:**

« Ad neddem aqedduḥ ad d-negg dge-s ayefki ad yeħmu, mi qrib ad yekuffet ad as-negg lmelħ ad as-nernu tarkuct-nni ad yagzag fell-as uyefki, ad tt-id-nekkes ad tt-nedhen s wudi ney zzit n uzemmur».

- **Tarkuct n useqqi:**

« Ad d-neħri tarkuct ad tt-nqerreš yer tbaqit s zzit, ad tt-nesseww di bufreh ad tt-nqezze ħ yer uyerbal, si tama tayed ad d-nerr aqedduḥ ad negg dge-s zzit ad as-negzem tibṣelt ney snat ad as-nernu lmelħ, ad tt-neqlu syen ad as-nexdem aman, ma ad yeww lebşel-nni ad as-negg tarkuct inebbi».

- **Ayrum n lebşel:**

« Ad d-neddem lebşel ad t-neceqcar ad t-negzen d amcūħ ney ad t-nzed, ad d-nessif awren yer tbaqit ad as-negg cwiṭ n lmelħ ad as-nernu zzit, ad nexled lebşel d uwren-agħi s waman, ad t-naxdem d taħbult ad t-negzem d tiherfatin, ad t-nesseww di bufreh, ma ad yeww ad t-nesisen s zzit n uzemmur ».

- **Ifelfel azeggway ( aqquran ):**

« Ad d-nerr taqedduħt ad negg deg-s tibṣelt d ticcert igezmen d imecṭaħ, aman d lmelħ ad negzem tifelfelin tizeggayin ad wwen akken, ad as-negg cwiṭ n zzit ».

- **Ifelfel n lbaṭaṭa :**

« Ad nerr taqedduħt, ad neddem lbaṭaṭa ad tt-negzem ad as-nernu ticcert, ad as-negg aman d lmelħ ad wwen ad as-nernu tefelflin tizeggayin, mi wwan akk ad nemhaq tiflflin-nni ad as-nexdem cwiṭ n zzit. Llan wid ittent-itteżun deg lkanun ad sxeldien yiss-s seku ».

- ***Irekmen:*** (*isufar iquranen*):

« *Ad d-naddem ibawen, irden, lhemmez ad ten-nefru ad ten-selxes tameddit, yall yiwen di lhila, mi d şbah ad nerr tasilt ad negzem tibşelt ney snat, ad as-nexdem zzit d lmelħ ad tt-neqlu ad as-negg aman, mi ad tagzag tassilt ad nerr ibawen, lhemmez, irden, ad wwen akk* ».

- ***Lexlie:***

« *Ad d-neddem lexlie ad t-nesli xarsum snat n tikal akken ad as-yekkes lmelħ, syen ad t-nerr yer useqqi n teydiwt, aseqqi-agur as-nexdem ara lmelħ acku lexlie-nni mazal deg-s lmelħ, si tama nniđen ad nerr seksu ad yeww, mi wwen akk ad nekkes lexlie-nni ad iqudar ad nedhen seksu yer lhila.*

*Ma d izarman d tasemt llan wid iten-id-ttezun yer tmes ( lkanun ) syen ad sxeldien yiss-s seksu».*

- ***Čekčuka:***

« *Ad neddem taqedduħt ad negzem yur-s lebsel s tayzi d ifelfel igzmen ad as-nexdem zzit, tumaṭic d ticcert imahqen ad as-nernu lmelħ d ifelfel abarkan, ad ten-nqlun ad asen-nexdem cwiż n waman* ».

- ***Tahrirt ( tarwayt ):***

« *Ad d-smirent awren-nni yer waman yegzagen, ad t-reggint alamma yuyal d ażayan ney d tqlan cwiż, ad tt-dahnen s zzit, tikwal renun-as sekker d tament. Tahrirt-agur ttaken-tt i tlawin id-herban akken ad sent-d-yuyal ufuḍ* ».

Anct-agur akk n tqedduħin d tilawin it-id-yesnulfan s usugnan nsent, yerna yal taqedduħ tmgarad yef tayed, ttawint-d amaynut deg tkuzint nsent; ay-agur d tazuri n tkuzint.

**Tamawt:**

Iniyman maċċi d ayen ad t-sewwed deg uxxam, tetten-ten imelmi iten-nebyan ama s zzit, ama s yiyyi, s tabużet, s uyrum d zzit...atgħi.

Zzit d asefar agħid yel-leqbayel sexdamen-tt s waṭas, sexdamen-tt ilqut imara yerna ttedawin yiss-s. Zzit d iniyman d lqut yelhan aṭas yer leqbayel, yiss-sen id-kren.

**Tagrayt:**

Asewwi d tazuri yesean azal meqqren deg tkuzint, tazuri n tkuzint d laewayed n leqbayel i yeqnen yer usugnan d yedles. Tametħut s usugnan-is tsmures deg wayen i texzen; nwala-d amek i texzen deg unbdu, d wamek it-sewway deg tegrest.

**Amawal**

*Amawal yeenan asexzen n lqut :*

Tamziyt	Tafrensist
Abeddel:	Transformer.
Acbayli:	Jarre à huile.
Afares:	Production.
Aferdis.	Elément.
Afrug :	Claies à roseaux.
Agama :	Nature.
Agi:	Acte.
Akud:	Temps.
Akufi :	Silo en terre.
Akat:	Mesure.
Allal:	Outil.
Amahil :	Travail.
Amđal:	Monde.
Amgarad:	Différence.
Amehrez:	Pilon.
Amiran.	Contemporaine.
Amsawal:	Interview.
Annar:	Terrain.
Asexzen (Aharez) :	Conservation.
Asugnan:	Imaginaire.
Azermezruy.	Préhistoire.
Bufräh:	Plat en terre.
Igemmađ :	Résultat.
Igumma :	Fruits.

Ini :	Couleur.
Iyemmayen :	Légumes.
Smures :	Réasse.
Sumer:	Proposer.
Tabadut:	Définition.
Tadlegt:	Décor.
Taglest.	Antiquité.
Tagmi :	Recherche.
Tagrest :	Hiver.
Tagulla/ lqut:	Aliment.
Tallit :	Epoque.
Tallit talemast:	Moyen âge.
Tamazzagt :	Spécialité.
Tamhelt :	Opération.
Tayerma :	Civilisation.
Taqcwalt:	Corbeille.
Tarrayt:	Méthode.
Tasbalt:	Jarre à semoule.
Tasmekta:	Quantité.
Tasmhuyet:	Saison.
Tasuta :	Génération.
Taxcact:	Calebasse.
Tayetti:	Intelligence.
Tilila :	Renaissance.
Tiqedduħin:	Plats.
Tissirt:	Moulin.

# **Tagrayt tamatut**

Deg ukatay-agı-nney nessawed ad neglem amek ixeznent telawin n leqbayel lqut d isufar d wamek iten-sewwent, yerna newwi-d tugna n yall asafer. Akken dayen nessawed ad naff tririt i tmukrist-nney.

Tameṭṭut n leqbayel txeddem aṭas n yimahilen gar-asen nebder-d asexzen n lqut d usewwi-ines. Amur ameqqran deg usexzen-agı texdem-it deg tsemhuyt n unebdu akken ad t-aff deg tsemhuyet n tegrest acku tettweir deg-s temeict, yerna yettili udefel. Tameṭṭut tetħbir yal ass iyeegalen n twacult-is. Iwakken ad temures deg usexzen n lqut ur d-as-ixetter ara tsexdem asugnan, tuffa-d d acu i ylaqen i yal asafer.

Tameṭṭut tsmures deg tarrayin it-xdem akken ad texzen lqut-is, ma d ayen yeenan asewwi n lqut-agı ur tesei ara ugur deg-s, tsexdam tazuri di tkuzint yall asafer d acu n tqedduḥin ad seww yiss-s.

Amahil n usexzen n lqut yeṭeb aṭas, yeħwaġ akud, lamaena tilawin ass deg ad d-dement ayen xeznent deg tgħid i deg taħwaġġent ad ttunt akk laettab-nni, ma ad d-dement ayen i xeznent amzun d agaruġ i yufant.

Di tagrayt ad d-nnini tameṭṭut tsexdem asugnan akken ad tewwed qed igemmad i tebya.

**Tiybula**

**Tiybula :****A- Idlisen :**

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# **Timarna**

## Ammud:

### Yemma Wardya:

« Iniyman, llan wid id-iyelin yer tmurt, ma d wiyađ ad ten-id-nezwi s umextaf, ad ten-id-nejmee ad neččar aqcwal ney tarħalit, ad neezel icebħanen d ibarkanen ma d wid n tsemgult d taħbult ur d tteddun ara. Imiren ad ten-nefsar deg ifarugen ney deg taerict ( xedmen-tt si tnqultt yer tayed ), nserusu ifarugen-agħi yef yeżra ( ticwet ) akken ur ttawđen ara yer tmurt; yas tarya tmurt ney ieedda-d uħmal n ugfur ulac d acu ad ten-yayen, ad ten-neğġi i yiṭiż mi id-yewwed yiżid ad nejmee ifarugen-nni ad ten-nemneni (ad arsen wa yef wa ) ad ten-nyum s lbarc. Šebah zik ad nekker ad ten-nefsar wa yer wa. Mi d ass deg kusmen wwin-d tajwelt; qquaren ad ten-id-nejmae s axxam ad ten-nerr yer ukufi ad asen-nerr tadimt, syen ad nenjer semmus (05) ney seddis (06) n teyunam ad ten-tenxdem i taħnact n ukufi akken ad aylint ney ad afyent syen twekiwin. Mi ten-id-tedmed ad ten-tafeđ Sean tiwzitt sufell-a ad as-tinnid d lfarina id-asen-txedmed .

Ma d ifelfel ad t-id-nekkes si tebħirt ad t-nesni s tsegnit ta yer ta alamma nexdem amaelaq, ad t-neelaq i yiṭiż alamma yeqqur ad yečenčun am tjuitin, syen ad t-id-nejmee ad t-nerr yer tqecwalt. Mi ad tarreḍ yer tmes ad yettraħ am turrin, yelha i wsexled .

Ma d ifelfel n lxeld ad t-id-nekkes si tebħirt ad t-neğġi sin n wussan ney krađ ad yekucaħ ney ad yeksem, ad as-nekkes aqdmir ad as-nezwi zariea ad t-nerr yer teqlalt, ad as-nexdem cwiż n lmelħ d lxeld ad as-narnu aman syen ad t-nyum, ad yeqqim kra n wussan imiren ad nedlu fell-as ad neddem asksus ad t-nesqudar, ad as-neiwed lmelħ d lxeld ma d aman fiħel ad yeqqim sin ney krađ n wussan syen ad t-nerr yer teqlalt ad as-nexdem zzit n uzemmur d lmelħ d lxeld, ad as-nerr tadimt. Melmi it-id-demmed d azegzaw ad as-tinnid ass-a id yusa, ma ad teċċid am laxlie .

Laxliei ad nezlu ixef ad nfek cwiż i wid ixussen, ma d tayruđt d temşađt ad qedren cwiż cwiż imiren ad t-nemllaħ ad tennar yer lhila n talaxt, ad yeqqim mraw (10) n wussan ad t-nyum s tcuqliđt ad as-narnu bufraħ n talaxt. Ad neddem taruka s wayes ttelmen ney imsenda, ad nesni aksumni wa yer wa, ad neddem amrar imiren ad t-neellaq deg rref ger yiṭiż d tilli ad yeqqim aħas yas yella deg-s yiyes. Mi it-id-nejmee ad neddem zzit n uzemmur ad nexdem cwiż i yal aftat, imiren ad t-nerr yer lhila n talaxt ad t-nyum, ama d taċċurt, ama d lmulud, ama teseid inebgi ad t-id-demmed, imelmi it-tahwaġed yella acku imelħa yerna yedhen .

*Lebṣel ad t-id-nekkesl si tebhirt ad neččer iqcwalen, ad t-nefsar sin n wussan, ass wiss krad ad neddem tajenwit ad as-nekkes izuran, ad neddem tizikert (amrar) imire ad t-nezed d icediwen ney d imelaqen wa yer wa alamma mraw (10), ad neddem iyunam ad t-neelaq daxel n uxxam ney deg ufrag iseqfen, imelmi tedliq fell-as ad tafed ama iwsewwi ama iwesaxled. Ula d ticcert nexdem-itt am lebṣel ad tt-id-nekkes si tebhirt ad neččer iqcwalen, ad t-nefsar sin n wussan, ass wiss krad ad neddem tajenwit ad as-nekkes izuran, ad neddem amrar imiren ad tt-nzed d imelaqen wa yer wa, ad neddem iyunam ad tt-neelaq daxel n uxxam ney deg useqf-is, imelmi tedliq fell-as ad tafed.*

*Tumatič, ad tt-id-nekkes ur tt-nessirid ara, ad tt-nsers sufl-a n yiğuman n yikufan, ur txetter ara din-a i tt-nettağa melmi neħwaġ taeqayt ad tt-naf.*

*Ibawen ad ten-id-nekkes ad ten-nefsar akken ten-id-nekkes ( syeclem ) i yiṭij deg ifarugen am iniyman, mi qquren ad nessu lbarc ad neṭef tamaddazt ad ten-neddez, syen ibiw ad yeezel waħd-s iclem waħed-s.*

*Tajelbant ad tt-id-nekkes ad tt-nefsar i yiṭij deg ifarugen am iniyman, mi teqqur ad nessu lbarc ad neṭef tamaddazt ad tt-neddez, syen ad tt-nezwi deg tbaqit ad yalli yeclen-nni sufl-a ad tt-nefru, ad tt-neffer akken tella, ney ad tt-nebri deg tissirt akken ad neseww aseqqi.*

*Abelluq ad t-id-nejmee si lexla ad t-nerr ad yesli, syen ad t-nesqudar deg useksut, ad nallu yef slum sufla n uxxam ad t-nefser, ad yeqim sin ney kred n wussan, ad t-id-nessers yer tmurt, ad t-necqcer ad t-nefser tikelt nniden krad n wussan, ad t-nzed deg tissirt n uxxam ad yuyal d awren d acebħan d aziddan.*

*Seksu ad neddem awren n ubelluq ad narnu yur-s cwiṭ n uwren n temzin, ad neftel seksu ad t-nesfur ad t-nefsar yef i yudar imi zik d wi i yellan, ad nezwir abdan ad narnu abaħnuq, mi yeqqur ad t-nejmee ad t-nessers sufl-a n dukkan ur ixettar ara. Zik ur nfetel ara atas n seksu senat n tesksutin kan. Ula d barkukec nxedem-as am seksu.*

*Tarkect ad neddem amud n uwren, ad t-naħri am temtunt, ad neddem ljefna n usyar ad t-nebbi d tuknifin ad tent-neg snat snat, mi nexdem tamzwarut ad as-negg zzit di telmast ad narnu tayed fell-as ad ggent akken, ad tent-nerr yer bufraħ mi ad tent-id-nekkes taħbult ad terr akka tayed akka acku syant zzit di telmast, ad tent-nfetet cwiṭ cwiṭ ad tilli tin ad ak-ieawnen syen ad tt-nefsar di tcekkarin n uxican, ad t-qqim yiwen n wass deg uxxam azeka-yin ad teffey yer barra ad teqqim i yiṭij, mi teqqur ad tt-nerr yer tqċwalt n tallaxt ad as-nerr ayumu, melmi i tt-teħwaġġed ad tt-id- tedmeq.*

*Azemmur ad t-id-nekkes d azegzaw ad t-nessired ad netf aeeqa aeeqa ad t-neftek si ṭufat s tjenwit, ad t-nerr yer lhila ad as-nexdem cwiṭ n lmelħ d lxeld ad as-nernu aman alamma yuflaw, ad t-nyum. Mi ad nuh yer laxla ad nelqed azemmur ney ad nejmee abelluđ ad t-nawi. Ma ad yeww uzemmur ad yuyal d abarkan ad nuh yer laxla irgazen ad zwin ma d nekkenti s tillawin ad nelqed ad neċċar iqecwalen ad ten-id-nawi yer uxxam ad t-nesmir d aemur akken yall ass, mi d ass i deg nekfa ad t-awin yergazen ad t-id-żden d zzit ad tt-nesmir yer ucbayli.*

*Ieqaren ad nekkes lheb laħlawa ( zeriea n lbesbas ), lkusbar, laħbaq, ifelfel n tunes ( d azeggey d amcťuħ ), ad ten-neğġi yiṭij mi qquren ad ten-nenyd deg umahraz ad nexdem yal yiwen wahd-s ney ad ten-nexled, ma d ifelfel-nni win yebyan ad yexled ney ad t-yexdem wahd-s, ad ten-nessif deg uyarbal syen ad ten-nerr yer lhila ».*

### Nna Tassadit:

*« Ad nelqed iniyman ad ten-nefsar deg ifarugen mi d ass deg qquren, ad ten-nesmrurg yer yiwen n usfarug alamma yeċčur ad as-nenneđ illili si ṭufat ad qimen akken alamma d ass deg ad yefay yiṭij, ad ten-id-nejmee qquren ad ten-id-nettyizi d ibelbaden ad ttesariħen d tament, ad ten-id-nerr yer tcekkarin ad ten-nawi yer uxxam, ad ten-nerr yer ukufi ad nezwir yer lqaea-s cwiṭ n zeċtar imiren ad nesmir iniyman, ad ten-nerruc cwiṭ s waman n lmelħ mi yezgen ukufi ad iyi-sallin ad zwirey abahnuq, syen ad kecm-ay yer ukufi ad ten-sedday s iddaren-iw ad narnu iniyman ad ten-nerruc dayen s waman n lmelħ d zaester akken ad teraħen d iżidānen, mi yeċčur ukufi ad as-nerr tadimet ad t-neslay s talaxt. Ad nettedem iniyman si teħnact n ukufi d ibelbaden yerna s ean tawrent sufell-a.*

*Nexdem ula d iniyman deg zzit, ad neddem iniyman ad ten-neldi ad ten-nerr yer lhila n zeġġaġ ad asen-nesmir zzit alamma yumen syen ad asen-nerr ayumu.*

*Ifelfel, ad t-neğġi di tbħirt alamma yewwa; ad yuval d azeggay ad t-id-nekkes ad t-nesni d imaelaqen ney ad t-nefsar deg ifarugen am yiniyman, ad yeqqim i tilli mi yeswa aman-is yekkussem ad t-neğġi yiṭij ad yeqquer, di tmeddit ad t-neyum mi d sħabħ ad as-nekkes ayumu mi yeqqur ad t-id-nejmee yer uxxam.*

*Ma d ifelfel wayed ad t-neneqar ad t-nerr yer lhila n zeġġaġ, ad as-nexdem aman, lmelħ, lxeld.*

*Laxlie ad nezlu izimer ad nekkes ayen ad nfek wayed ad t-neclaħ ney ad t-nenqar, ad t-neċċar d lmelħ alamma teċčur lhila ad as-nerr ayumu ad yeqim mraw d semmus (15) n wussan deg lmelħ alamma yeċčur d aman; ad yefsi akk lmelħ-nni imiren ad t-id-nekkes ad t-*

*nenqar ad t-nesni ad t-neğğ ad yeqqar i yițij, syen ad t-nejmae ad t-nerr yer lhila melmi it-hwağed ad t-id-demd.*

*Mi ad t-nerr ad yeww ad t-nessired s waman yeħman akken ad as-yekkes lmelħ, ma neğħa-t akken ur nexdem ara lmelħ iwseqqi. Imelmi it-hwağed ad temyed deg-s.*

*Lebsel mi ad t-id-neqlae ad t-nceqcer ad t-negzem d ticfirin ad as-naxdem lmelħ, ad t-nerr yer ufarug ad t-neğğ i yițij ad yeqqar, mi yeqqur ad t-nejmee yer lhila n talaxt.*

*Ma d wayed ad t-neżed; ad as-nexdem icardan ( ibahnaq ) ad t-neżed am tezrurt, mi yewwed d amelaq ad t-neccid ad t-neellaq i tili d ubahri.*

*Ad neddem ticcert ad as-nexdem icardan ( ibahnaq ) ad tt-neżed am tezrurt, mi tewwed d amelaq ad tt-neccid ad tt-neellaq i tili d ubahri .*

*Tumaṭic ad tt-negzem d ticfirin ad as-nexdem lmelħ ad tt-neğğ i yițij am lebsel, mi teqqur ad tt-id-nejmee yer lhila n talaxt. Ma nebya ad tt-nexdem akken ney ad tt-nenyed ad tt-nesxdem am ieqaren.*

*Ibawen, yella wayen ad neċč, yella wayen ad nṣedaq, ma d wiyađ ad ten-nefsar d tixdacin deg ifarugen i yițij mi qquren ad ten-nesftutes, syen ad ten-nejmae.*

*Tajelbant nexdem-itt am ibawen ad neċč, ad neṣdaq, ma d tayađ ad tt-nefsar d tixdacin deg ifarugen i yițij mi qqurent ad tent-nesftutes, syen ad tt-nejmae, ma nebya ad tt-neseww akken ney ad tt-nebri .*

*Abelluđ, ad t-id-nejmee si laxla ad d-neċčer iqċwallen, ad t-id-nawi s axxam ad t-nefru ad nekkes win yerkan ad as-nekkes ticucay, ad t-nesmir yer tasilt n waman aken ad yagzag, mi yużalen waman-nni d ibarkanen ad t-nesmir yer useksut ad iqqudar, ad t-nefser deg ufarug ad t-neğğ i yițij ad yeqquer, mi yeqqur ad t-nceqcer ad t-nefreq d nefşat ad as-nekkes ticlemt-nni n daxel syen ad t-negzem s tjenwit d ameċtuħ, ad t-neğğ dayen ad yeqquer, ad neddem abehnuq azedyan ad t-ndez s uzeru ( azeru n lqasah ) imiren ad t-nżeđ deg tissirt n uxxam, ulla d icelman ad ten-żden weħd-nsen. Mi yeżda ubelluđ ad t-nesedi deg uyarbal ad yeffey uwren ubelluđ ad as-nexdem cwiṭ n lmelħ akken ur iskiċċiわ ara, ad t-nerr yer tsebalt, ad nexdem s uwren-nni ayrum d seksu.*

*Ma ad neftel seksu n ubelluđ ad as-nexled awren n temżin; awren-agħi ma ad t-nseedi deg uyarbal ad nekkes iclem-nni ad t-nexled d iclem n ubelluđ i neżda ad as-nernu awren n smid ad neftel acacu.*

*Seksu aqquran zik ulac-it, mi d tamedit ad ay-d-fek temyart cwiṭ n uwren n ubelluḍ d win n temżin ad t-id-neftel. Ma d tura nesyaray seksu ad neftel tickarin n smid mi nekfa lftil ad t-nesfur, ad t-nefsar deg ibaḥnaq ad t-neğġ ad yeqqar ad t-nejmee yer tcekarin, mi neħwaġ seksu ad t-id-neddem ad t-id-nselxes .*

*Barcukec ad neddem awren n smid ad nernu aḍbşı n waman n lmelħ, ad nernu tabaqit d iyarbalen ad nesmir awren-nni yer tbaqit ad t-neslxas s waman n lmelħ ad t-neftel, ad t-neskew s uwren, ad as-narnu lftil syen ad t-nesedi deg ujarbal n barkukec ad t-nekkes deg ujarbal imcarcar akken ad iffej ueqay-is zur, mi nekfa lftil ad t-nesfur, ad t-nefsar deg ibaḥnaq ad t-neğġ ad yeqqar, ad t-nejmee yer tcekarin, mi neħwaġ barkukec ad t-id-neddem ad t-id-nselxes.*

*Ad nahri tarkuct tazurant ad tt-naxdem d tuknifin ad as-nexdem zzit d usmsel, ad negg ta yef tayed mi wwant ad nekkes yal yiwt waħd-s ad tt-neftet ad tt-neğġ ad teqquer, mi ad tt-neċċ ad as-negg ayefki d wudi.*

*Tarkuct tarqaqet ad tegg am lemsemen ad tt-nseww ta yef ta, ney yal yiwt waħd-s ma ad tt-neċċ imiren ad nerr ayefki ad nezwir d yiran mi qrib ad yagezay ad as-narnu tarqaqt*

*( talmast-nni ) ad teww cwiṭ ad tt-id-nekkes, llan wid i tt-itetten s yiyyi. Ma d tayed ad tt-neğġ i yiṭij mi teqqur ad tt-nejmee yer lhila.*

*Ad d-necrew azemmur azegzaw ad t-nessired ad as-nexdem aman d ddwa, ad yeqqim yiwen n wass ad as-nesnyel aman-nni ad as-nexdem aman nniđen mi yuyalen d ibarkanen ad as-nbeddel wiyaḍ, mi d ass wiss krad ad as- nexdem aman n lmelħ ad yeqqim akken ad t-neffer, mi it-nebja ad t-id-neddem. Ma yeww uzemmur yuyal d abarkan ad nruħ šbah alamma d tameddit ad d-nuyal, ad d-nelqed azemmur ad d-neċċer iqcwelen ad ten-id-nawi s axxam ad ten-nesmir, akken yal ass alamma d ass i deg ad nekfu, ad t-awwin yer tessirt ad iżed d zzit ad tt-id-awin yer uxxam ad tt-nesmiren yer ucbayli*

*Lhemmeż, ad t-id-nqlae d ticiṭwin; d tiymusin ad nerr tixdacin yer lqaea, mi yeqqur ad nuh ad t-id-nawi deg ibaḥnaq, ad t-id-neccid ad t-id-nebab mi d-newwed yer unnar ad t-nessers din-a, ad kecmen yezgaren ad t-srewten, ad t-isizdeg baba s tazert syen lhemmeż ad issub yer lqaea ma d aclem ad yalli suefl-a, ad ten-id-yektil ad ten-id-nawi s axxam.*

*Taebużt ad neddem lhemmeż, irden, tinžin ad ten-neshen ney ad ten-nezzu deg bufrāħ, ad ten-neżd deg tissirt n uxxam ad as-nexdem cwiṭ n lmelħ ad iżed yid-sen, akken ur d-tetteban ara d ibrarayen ma ad tt-teċċed. Win yesean zzit ad tt-yedhen yef yiwt n tikkelt ad tt-yerr yer lhila melmi it-yeħwaġ ad tt-id-yeddem, win ur nesi Ara zzit ad tt-yekkes akken mi d-yeddem cwiṭ ad as-yexdem zzit, netett-itt s yiniyman.*

*Zzebib: Mi yewwa wađil ( tizurin ) deg triwa ad t-id-nekkes ad t-neğġ ad yerres, ad ikusem imiren ad t-nesfur deg iseksuten ad as-nexddem lyan (ad neseww iyiyden mi yugzagen ad neemmer aman-nni ad ten-nesmir sufell-a n wađil-nni), ad t-nesmir yer uqcwal akken ad yuddam; ad isareħ iwaman syen ad t-nefsar i yiṭij ad yeqquer, mi yequr ad t-nejmee yer lhila.*

*Irdən ad yawi baba izgaren yer uzayer ad yekrez tifarkiwin ad yezree irden, mi d ass deg wwan yirden-nni ad ten-id-nemgger d iqttunen ( d tiymusin ) ad ten-id-neccid ad ten-id-nawi yer unnar; annar-agı yeslay s wakal d zbel, ad t-neččer d irden mi d ass deg hedmen ney qquren, ad kecmen yezgaren ad serwten ( izgaren-agı xedmen-asen tikmamin akken ur tetten ara ), mi neyden tirect-nni ad iruh baba d iflahen ad tt-sizedgen ad sebden luh ad ten-yumen s ubarnus mi d yewwed yid ččan imenssi ad ktiken irden-nni s uqarwi, mi ara tewwet lkimya ad tektillin alamma qrib d leffer, akken ad yalem leffer ad ten id-yawi baba yer uxxam ad ten-ssif s uýarbal ad ten-ssired akken ad asen-ikkes wakal, ad ten-nefsar deg ubahnuq, ad ten-nefru seg uzeru imiren ad yawi baba kra yer tissirt ad ten-id-yzed d awren ad t-nerr yer tsebalin, ma d irden nniden uqbel ad ten-nerr yer ukufi ad as-nexdem aqcuc i tehnac-is akken ur d tenyalen ara. Ula d timzin am yirden itent-nxdem.*

*Udi ad nsendu iyi ad nekkes udi ney tawarect yer lhila, ad as-nerr aman akken ad yedukel ad nexdem akur ad t-nemlaħ ad t-nerr yer taguct. Ass deg ad nebyu ad t-id-neddem ad t-nerr ad yefsi yef tmes ad yuyal am zzit ad t-id yali yiyyi d semmam ad t-id-nekkes, ad nesmir udi-nni yer lhila ma d lmelħ-nni ad tezder ney ad teqqim yer lqaea, ad neġġ udi-nni ad yekres mi ad t-ċċed ur d as-teqared ara ikcem-it lmelħ. Ma ad yeqqim aṭas wudi-nni inmelaħ ad yuyal d aqeshan yelha i ddwan» .*